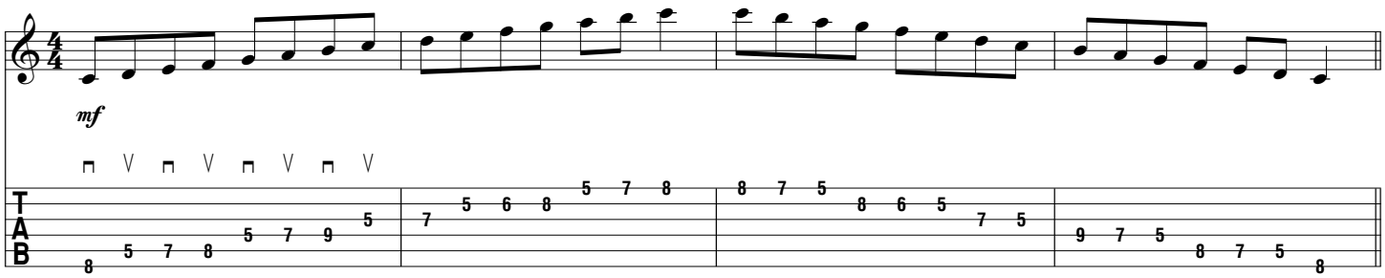
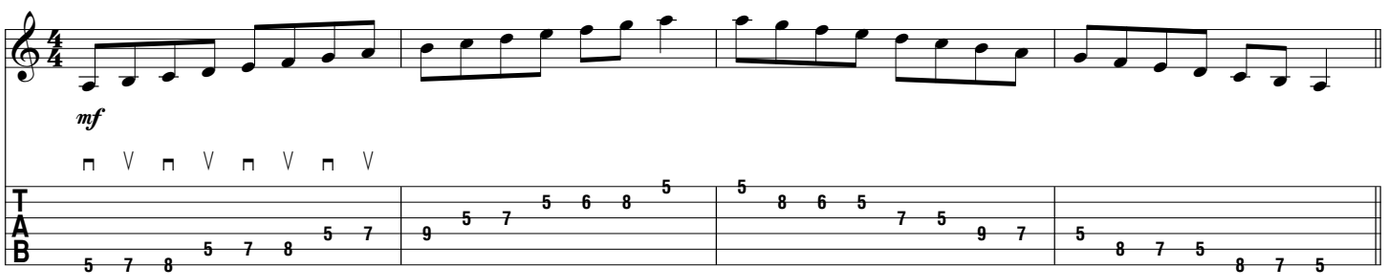
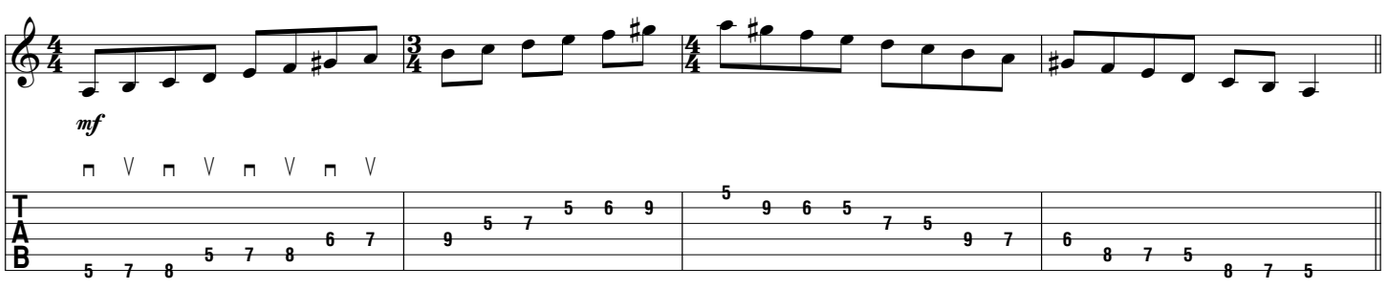
Example 1: C major scale
(0:34)



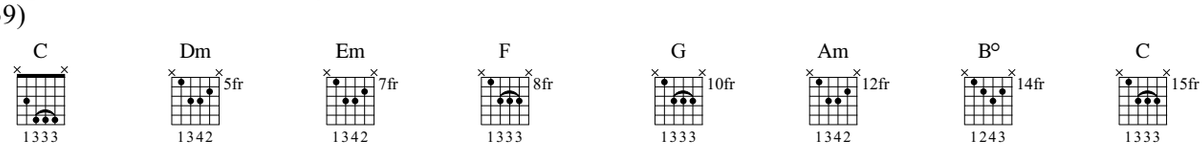
Example 2: A minor scale
(2:42)



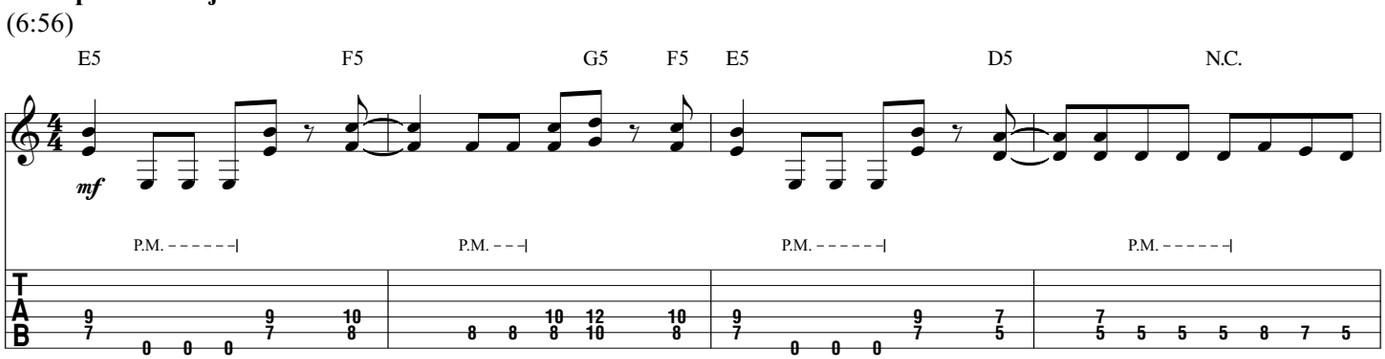
Example 3: A harmonic minor scale
(4:01)

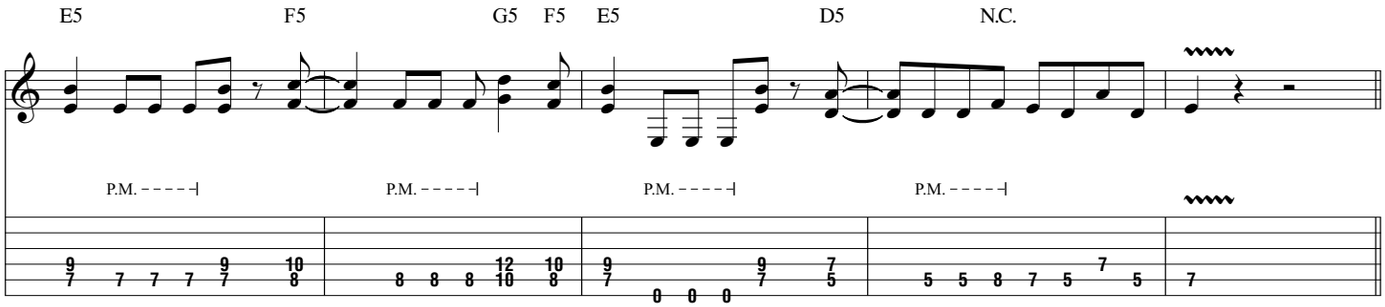


Example 4: Harmonized C major scale
(5:39)

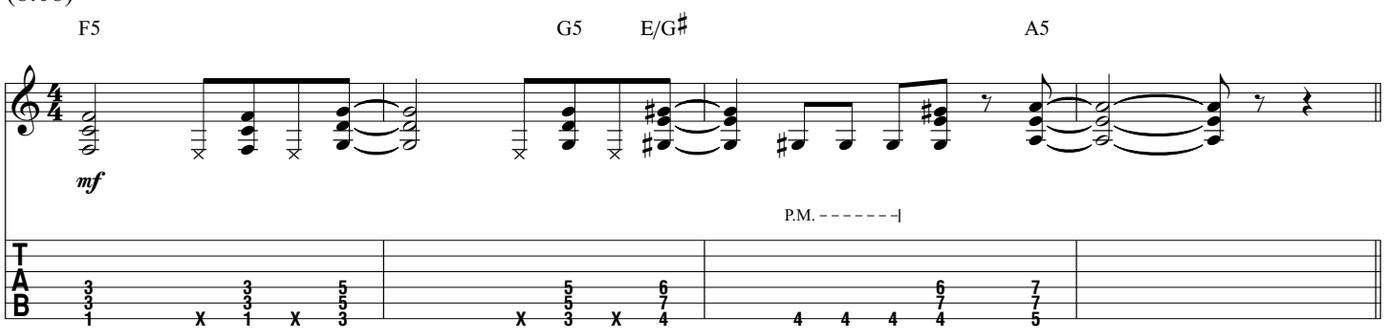


Example 5: E major chord riff
(6:56)

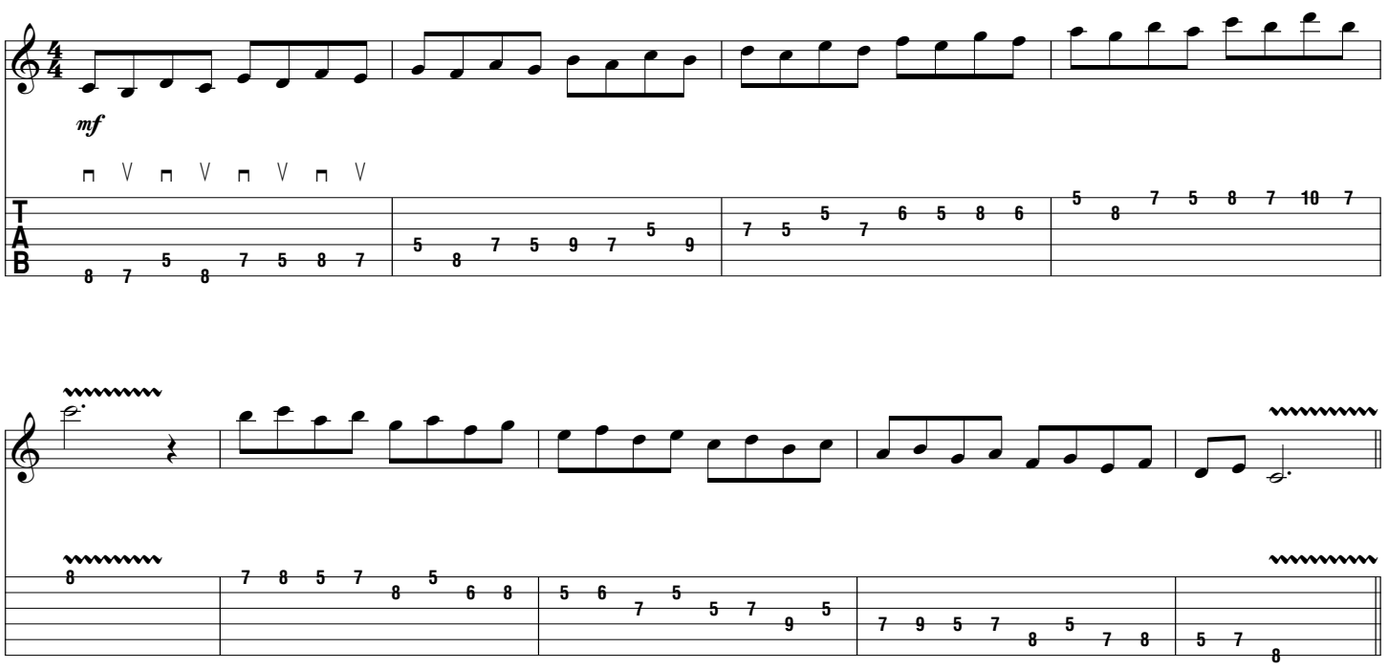




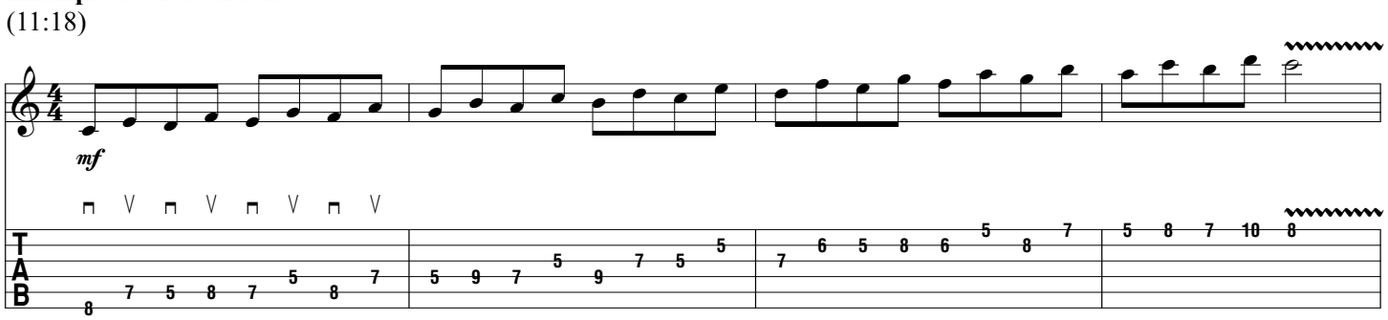
Example 6: G# passing tone riff
(8:08)

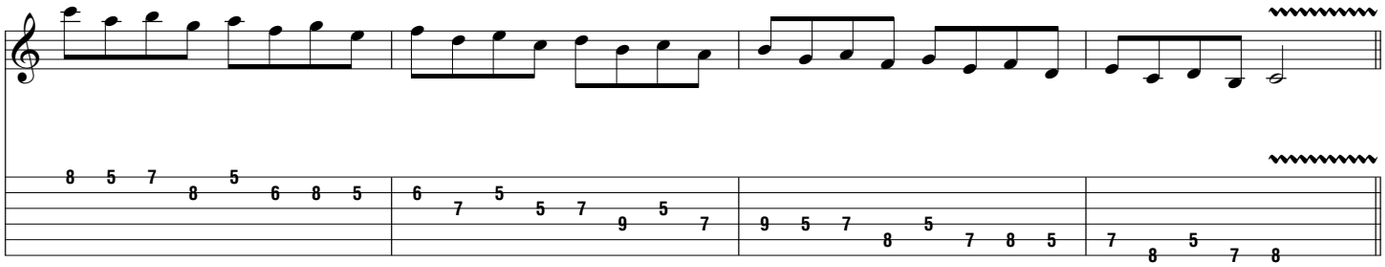


Example 7: 2nds exercise
(10:26)

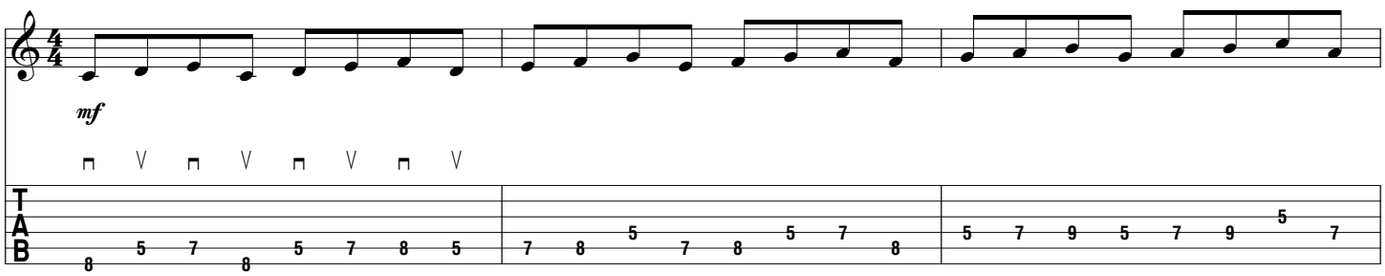


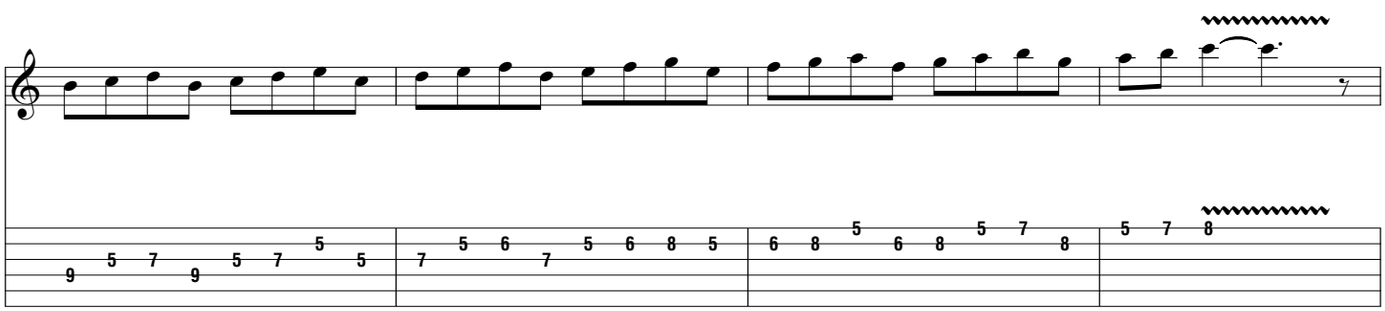
Example 8: 3rds exercise
(11:18)

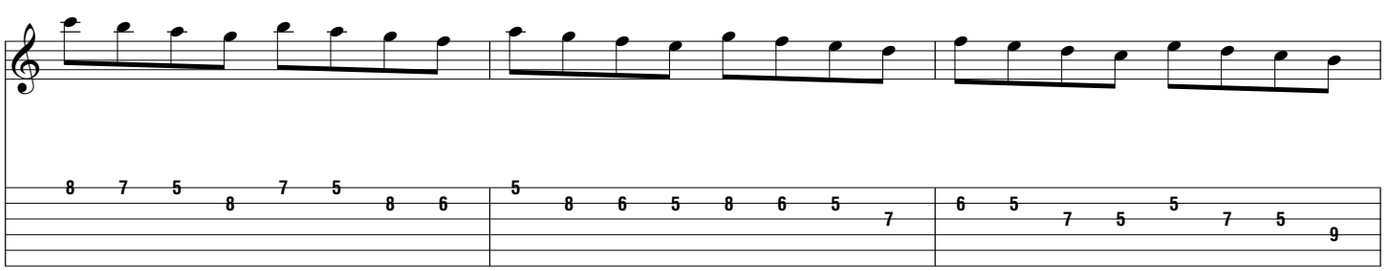


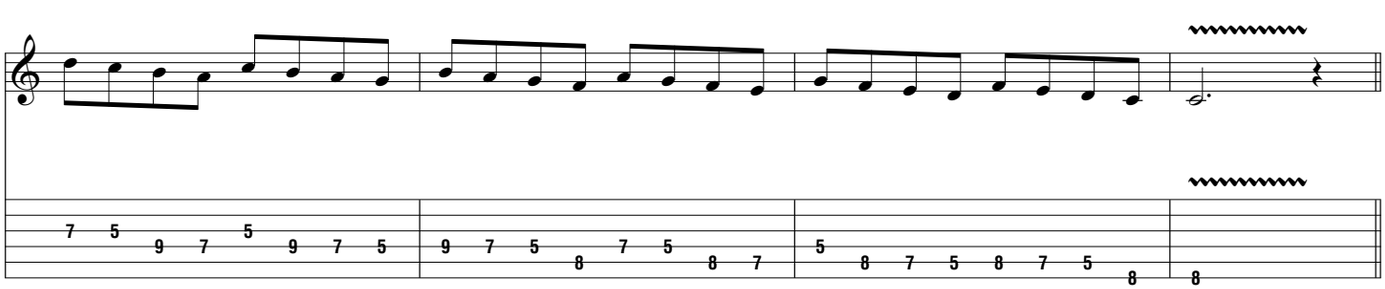


Example 9: "X" exercise
(12:08)

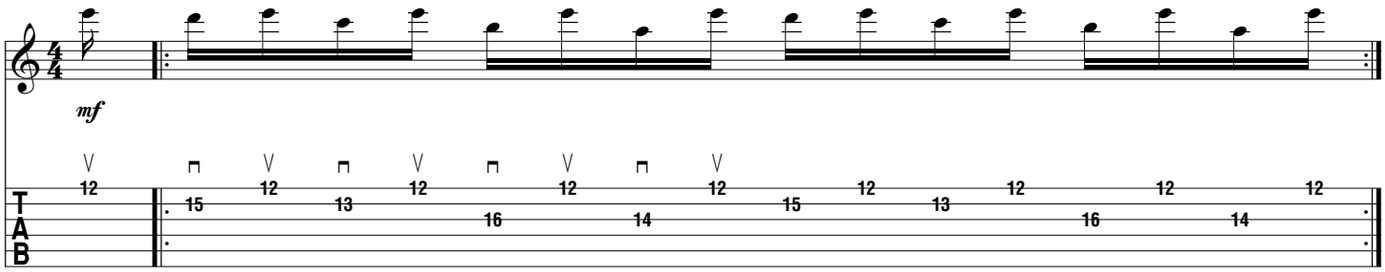




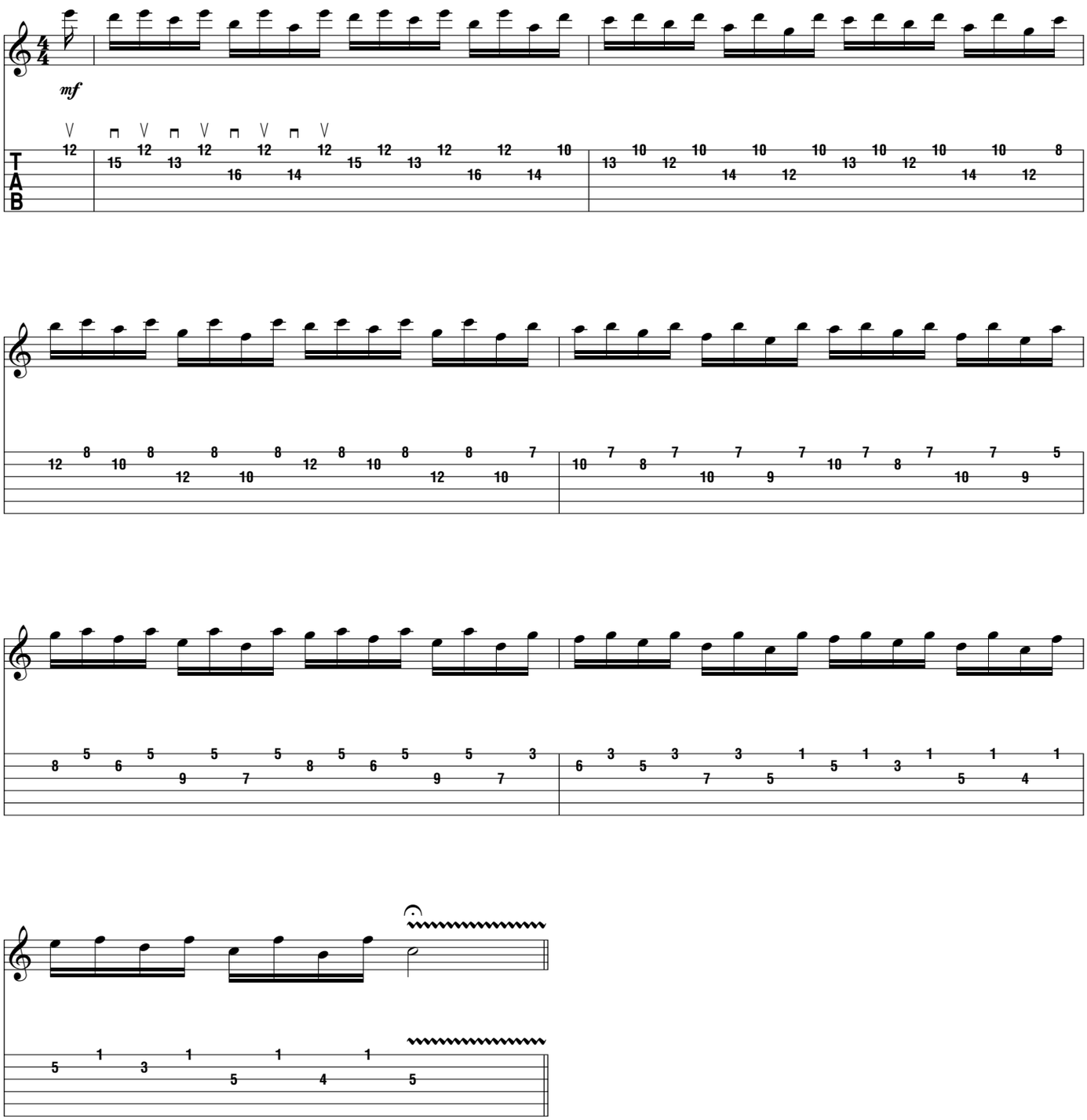




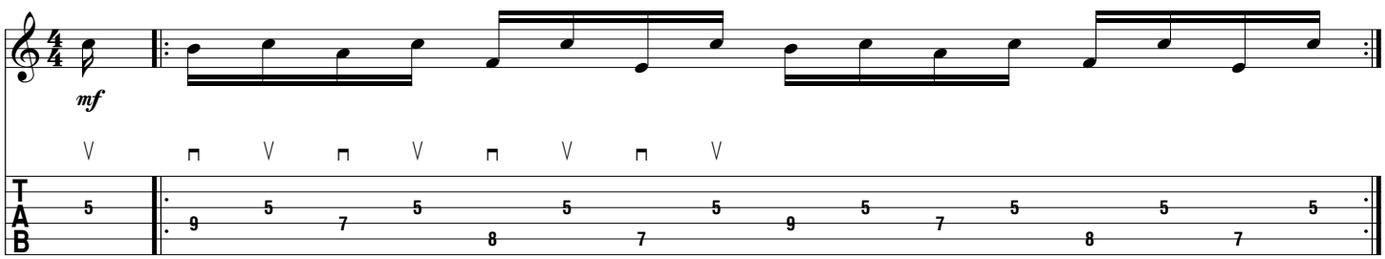
Example 10: Pivot lick 1
(0:55)



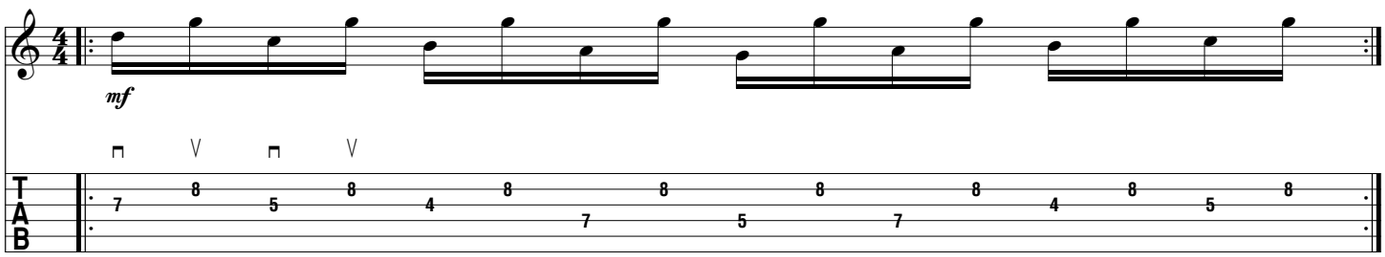
Example 11: Pivot lick 1 - Variation 1
(2:11)



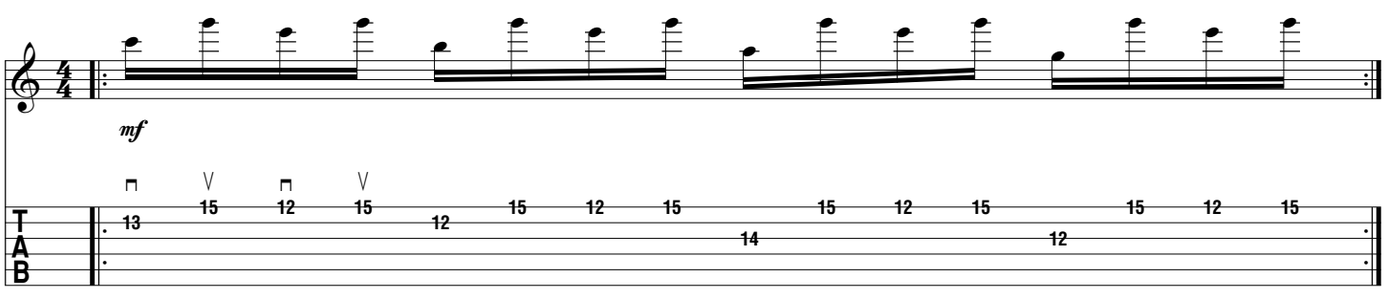
Example 12: Pivot lick 1 - Variation 2
(2:44)



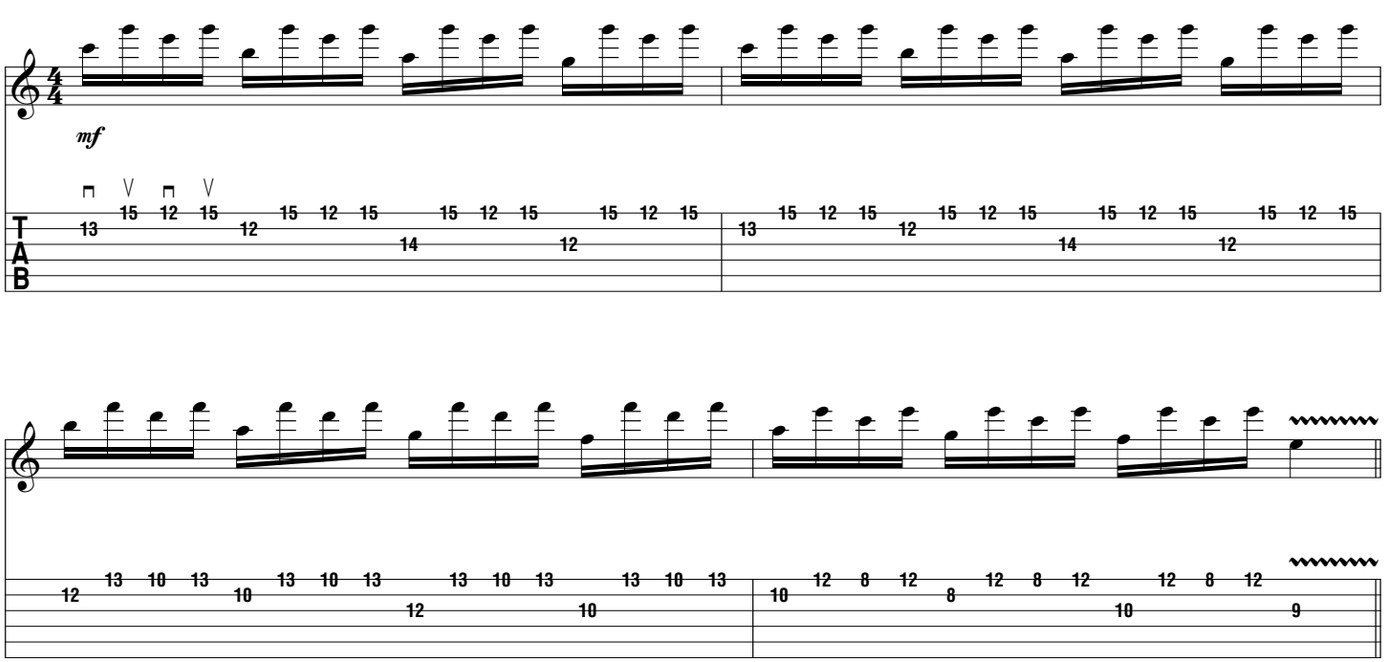
Example 13: Pivot lick 2
(3:09)



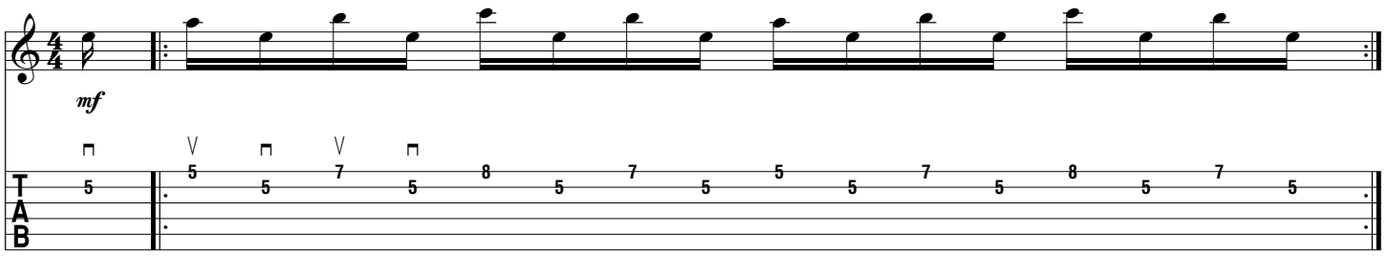
Example 14: Pivot lick 3
(4:03)



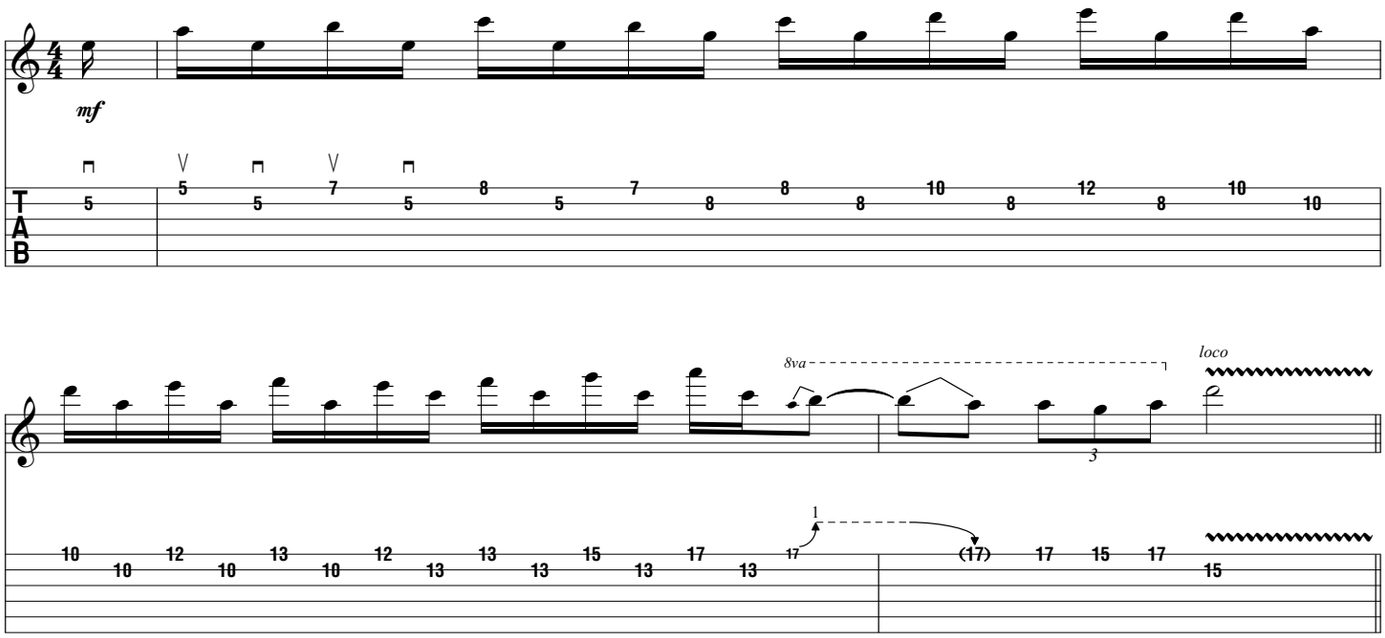
Example 15: Pivot lick 3 - Variation 1
(4:41)



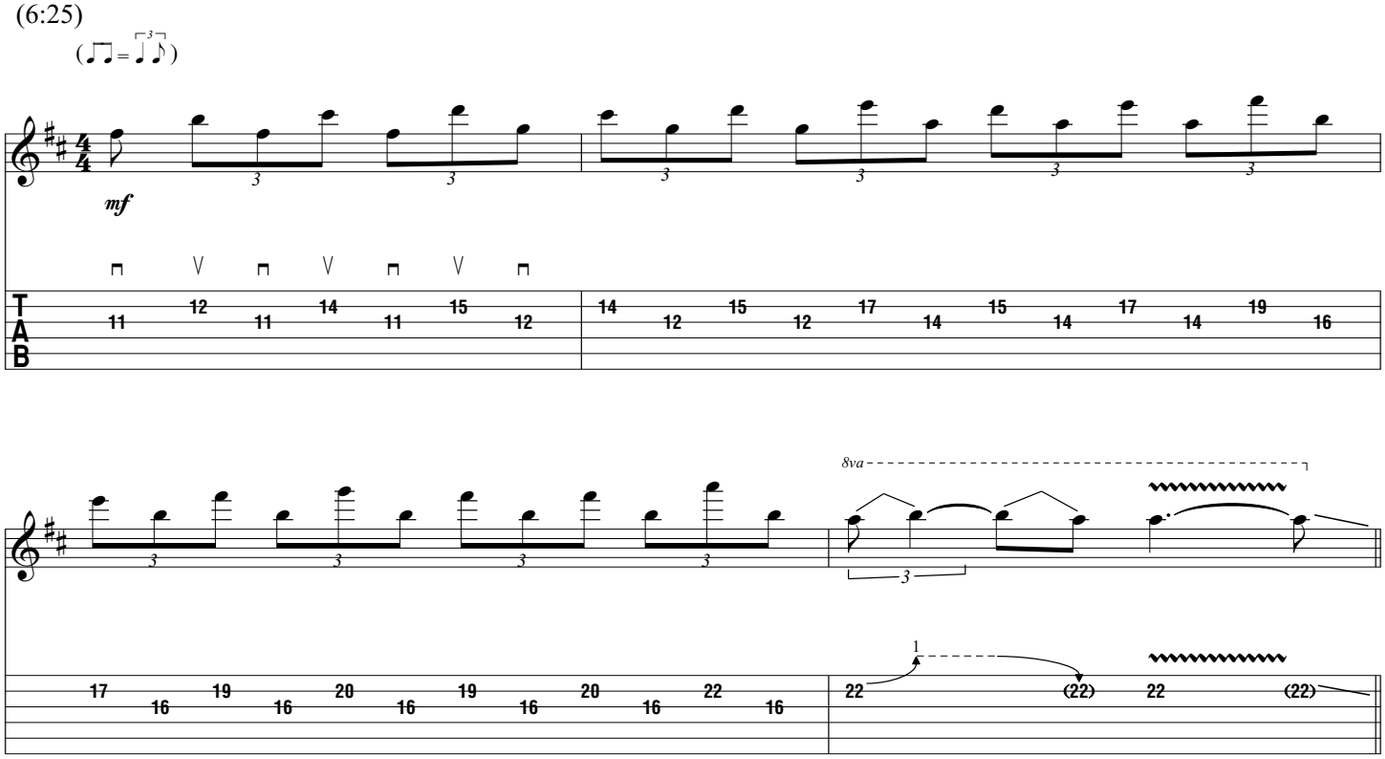
Example 16: Pivot lick 4
(5:21)



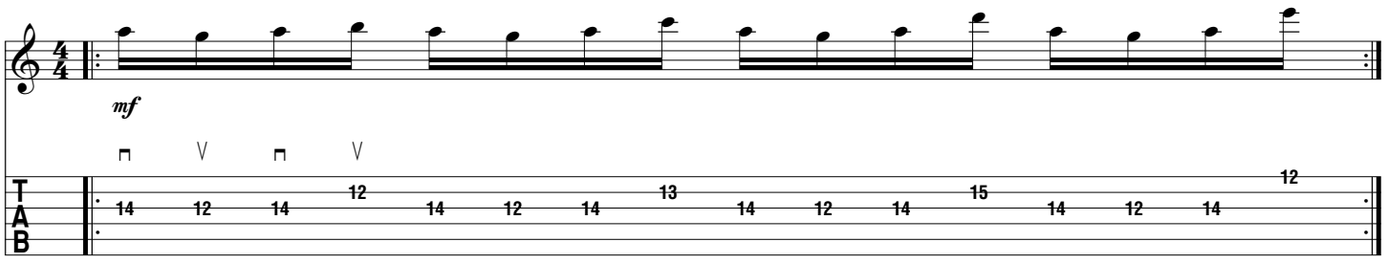
Example 17: Pivot lick 4 - Variation 1
(5:45)



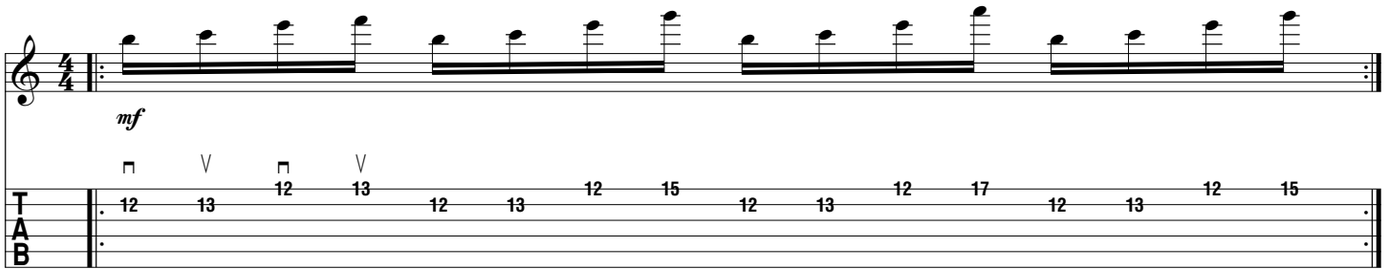
Example 18: "Lifeforce" excerpt
(6:25)



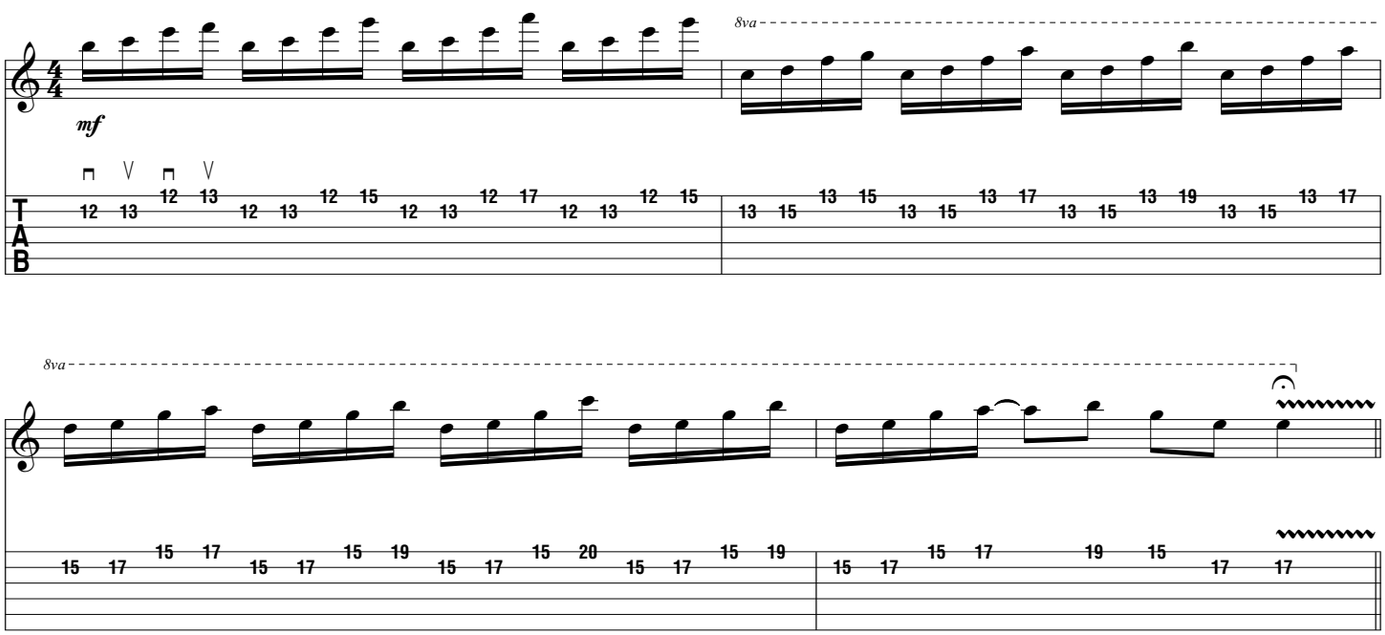
Example 19: Pivot lick 5
(7:16)



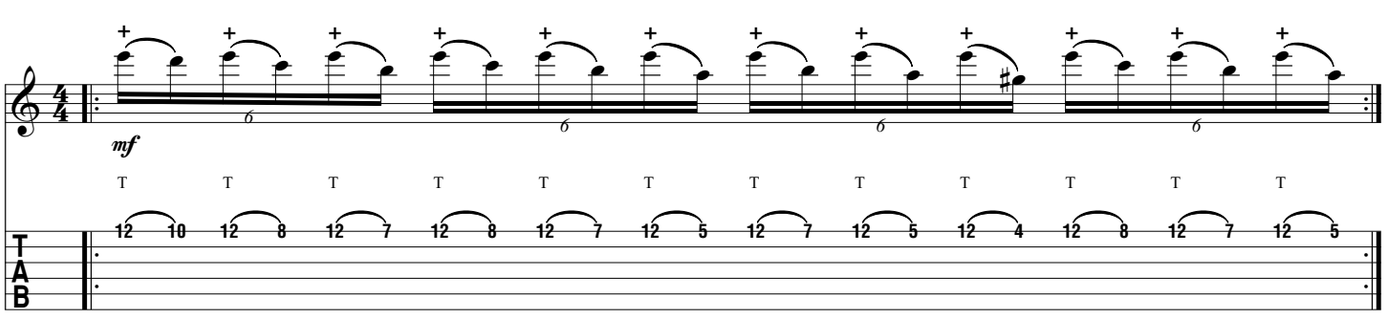
Example 20: Pivot lick 6
(7:52)



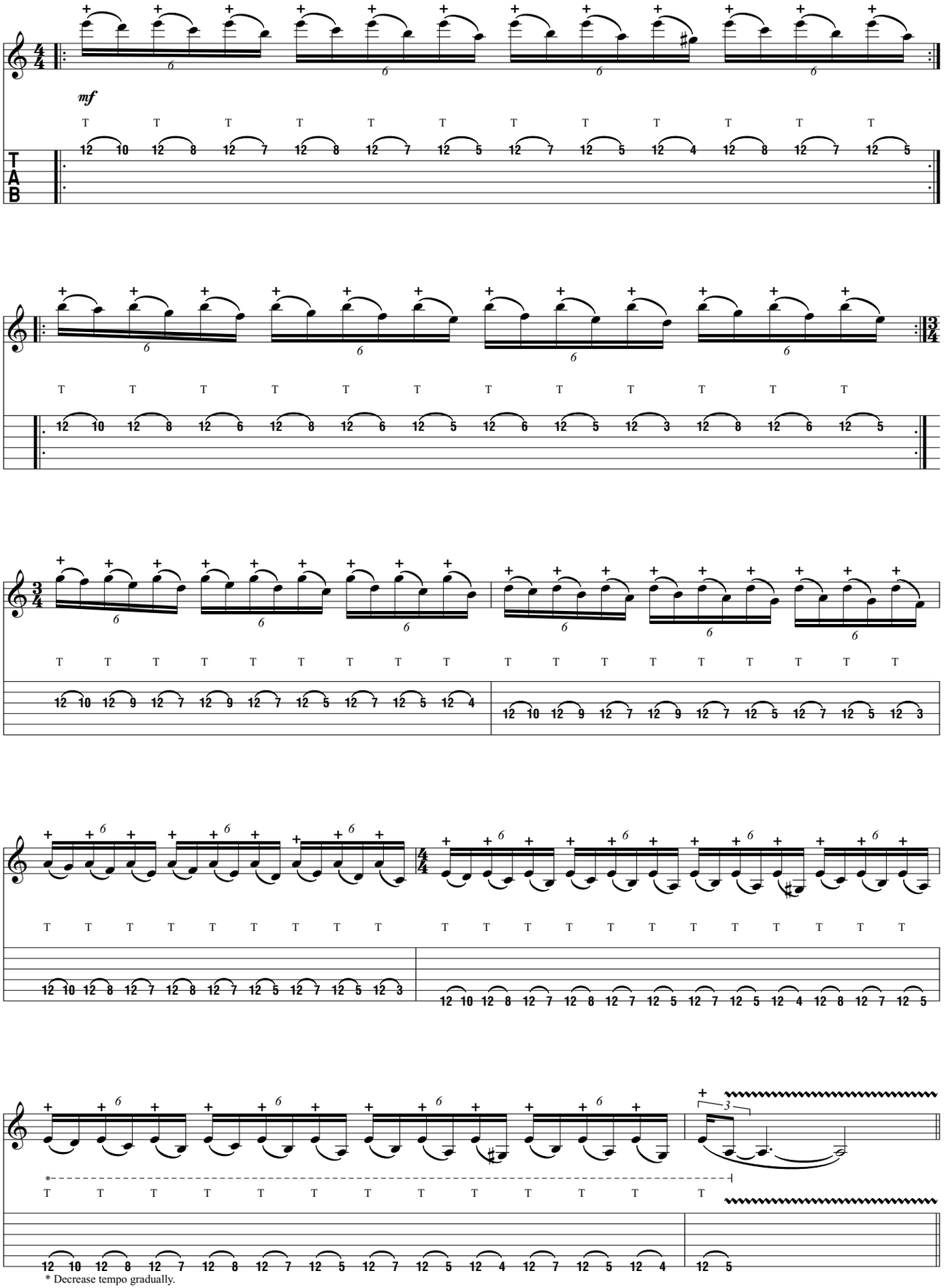
Example 21: Pivot lick 6 - Variation
(8:19)



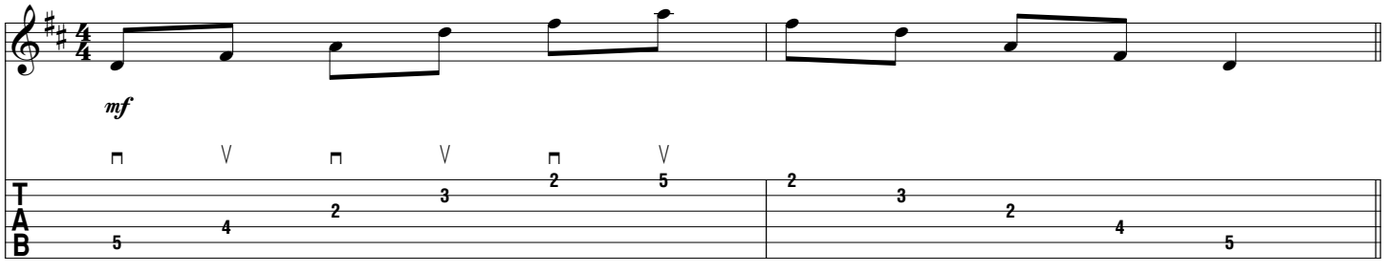
Example 22: Tapping pivot lick
(8:47)



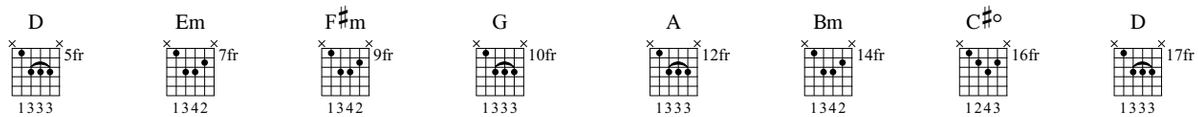
Example 23: Tapping pivot lick - Variation 1
(9:19)



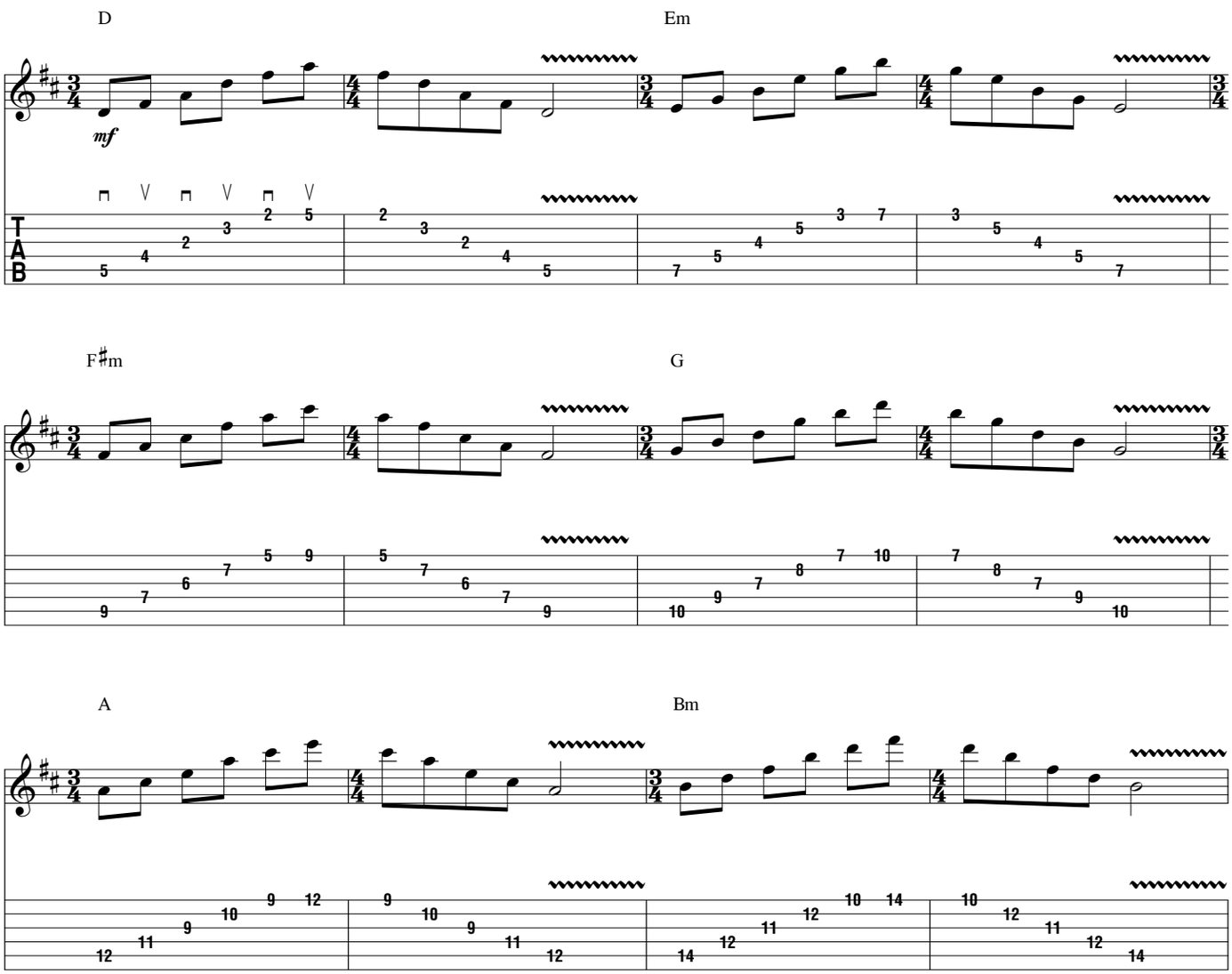
Example 24: D major arpeggio
(1:21)

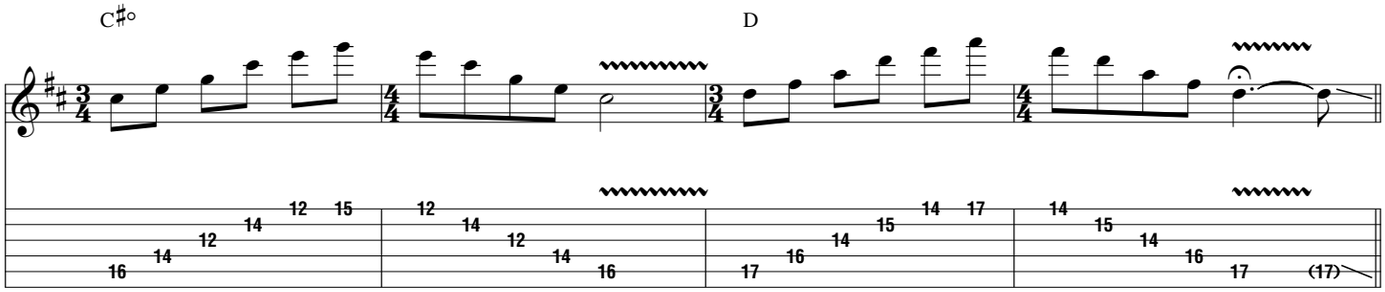


Example 25: Harmonized D major scale
(1:57)

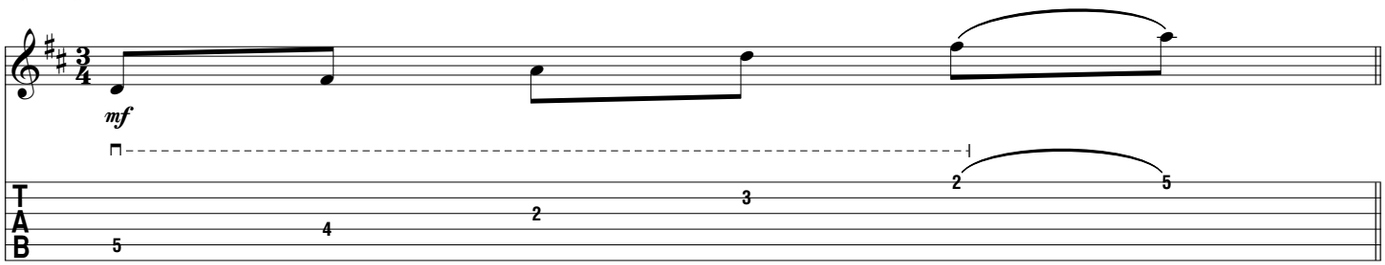


Example 26: D major diatonic arpeggios
(2:37)

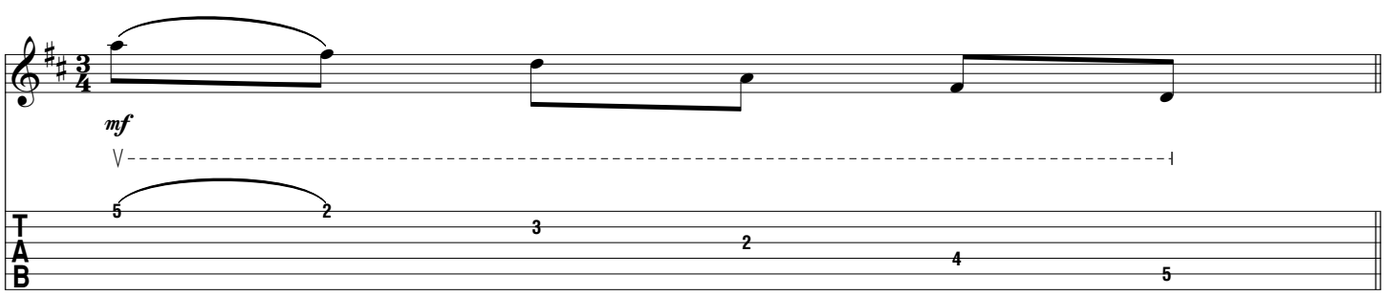




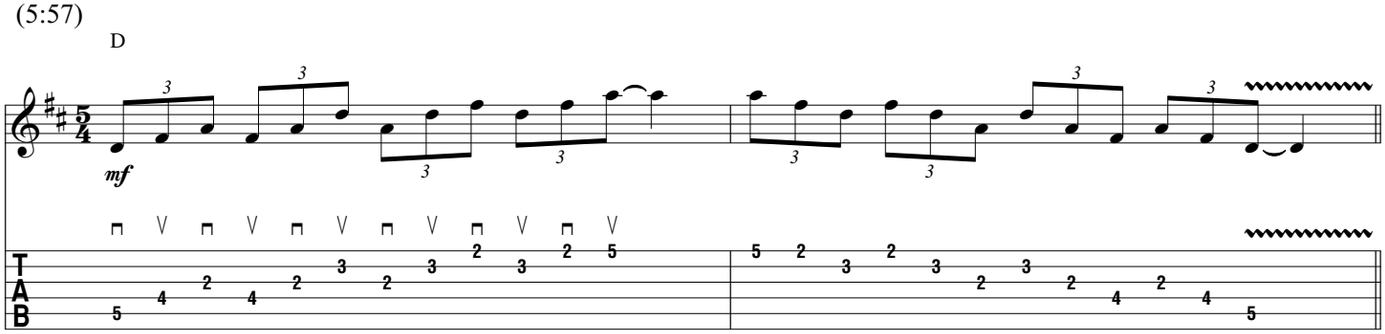
Example 27: Sweeping D major arpeggio - ascending
(3:40)



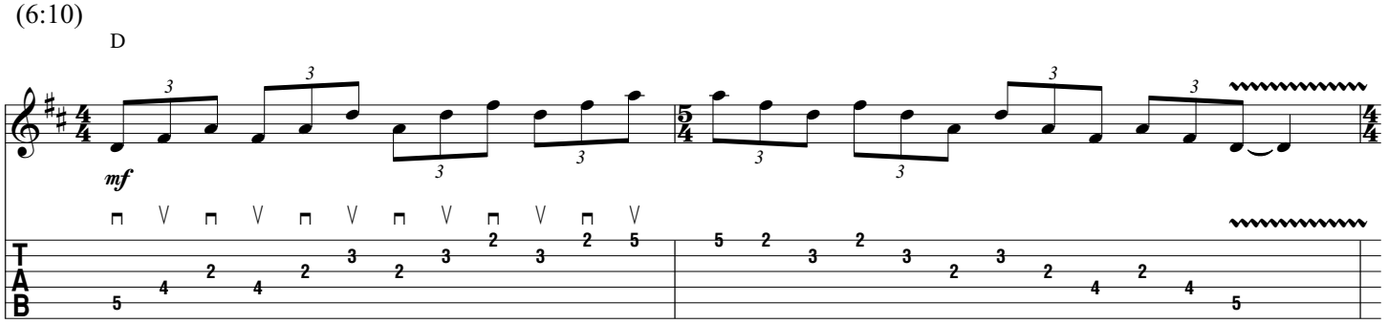
Example 28: Sweeping D major arpeggio - descending
(3:46)



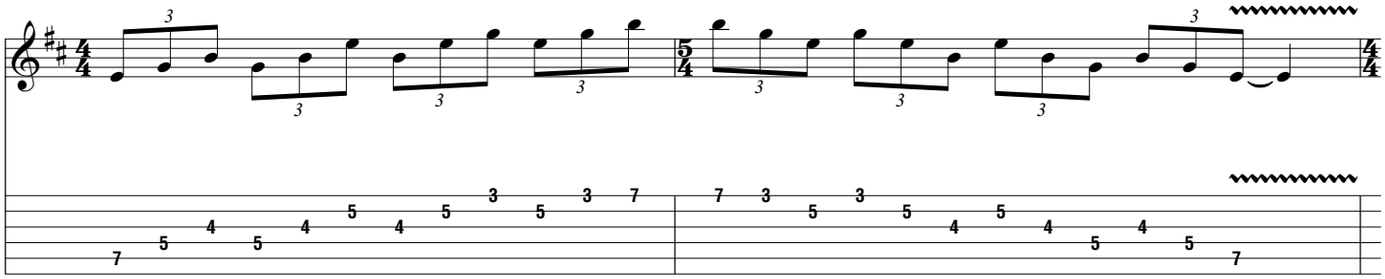
Example 29: Triplet sequence - D major arpeggio
(5:57)



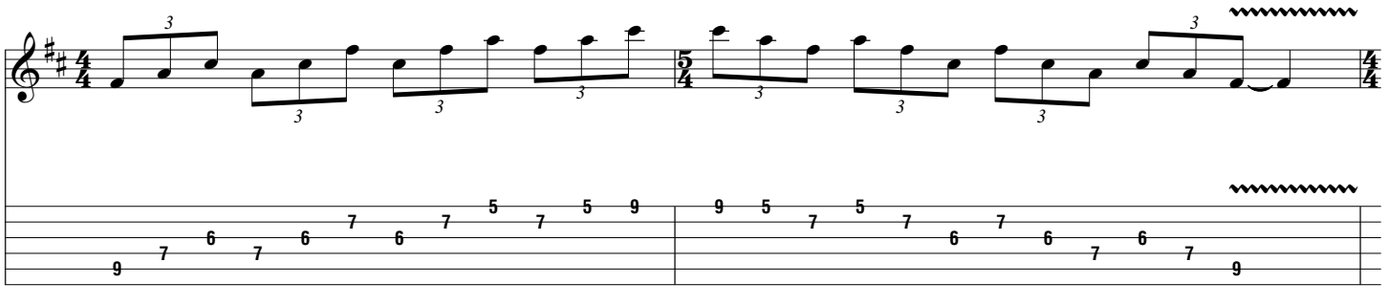
Example 30: Triplet sequence - D major diatonic arpeggios
(6:10)



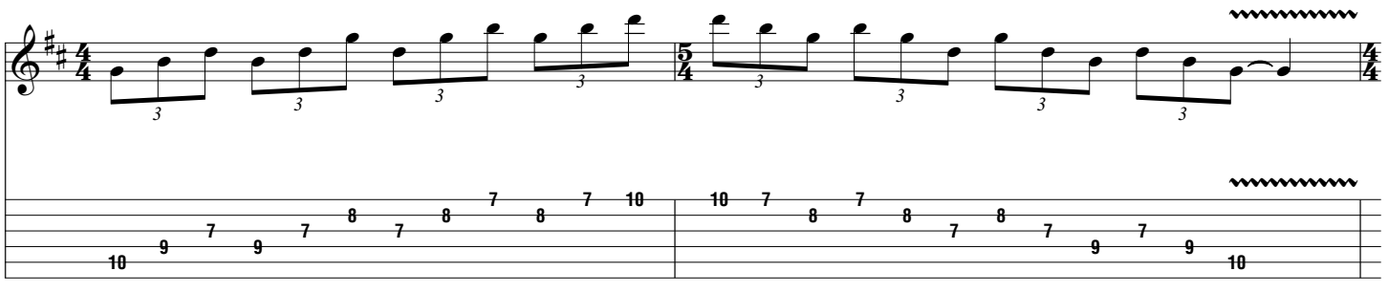
Em



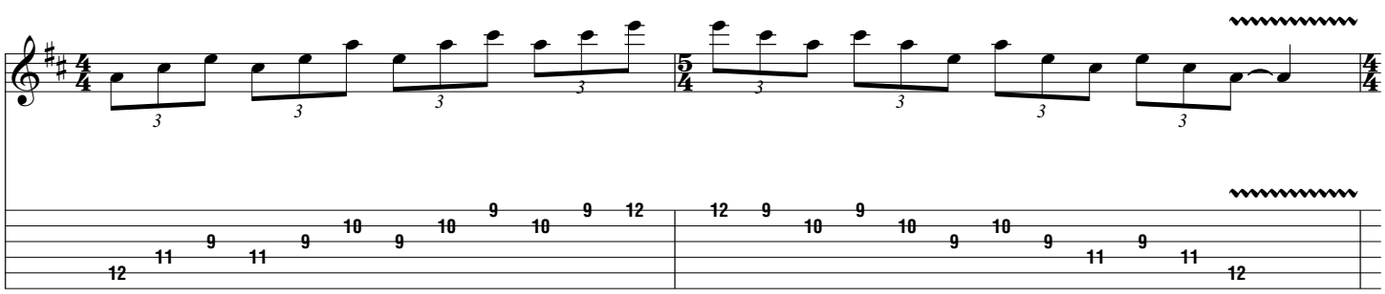
F♯m



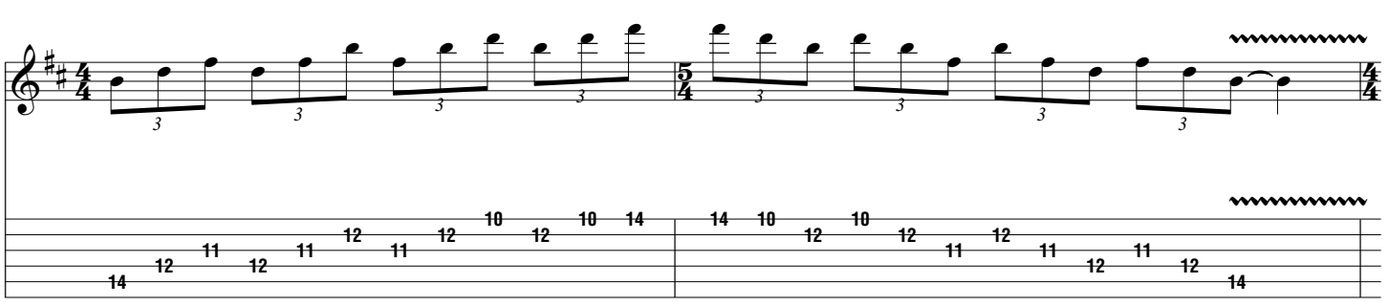
G

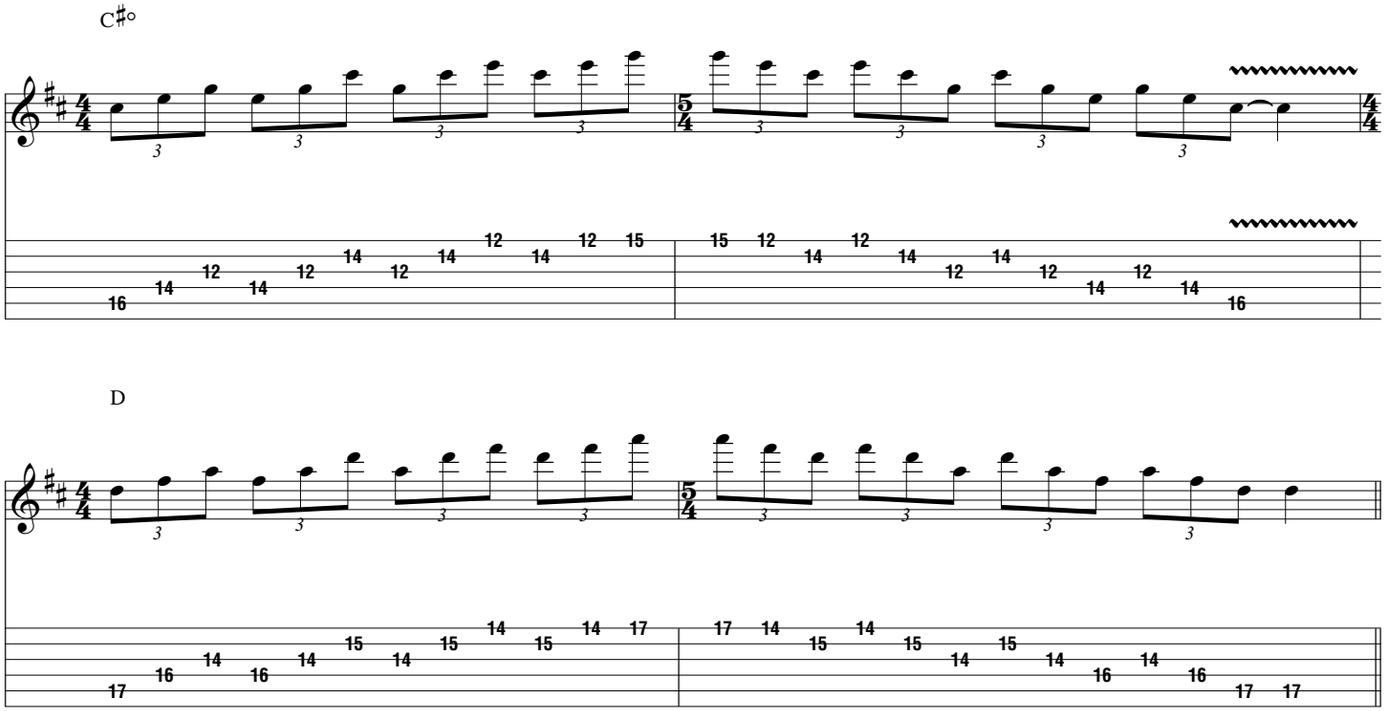


A

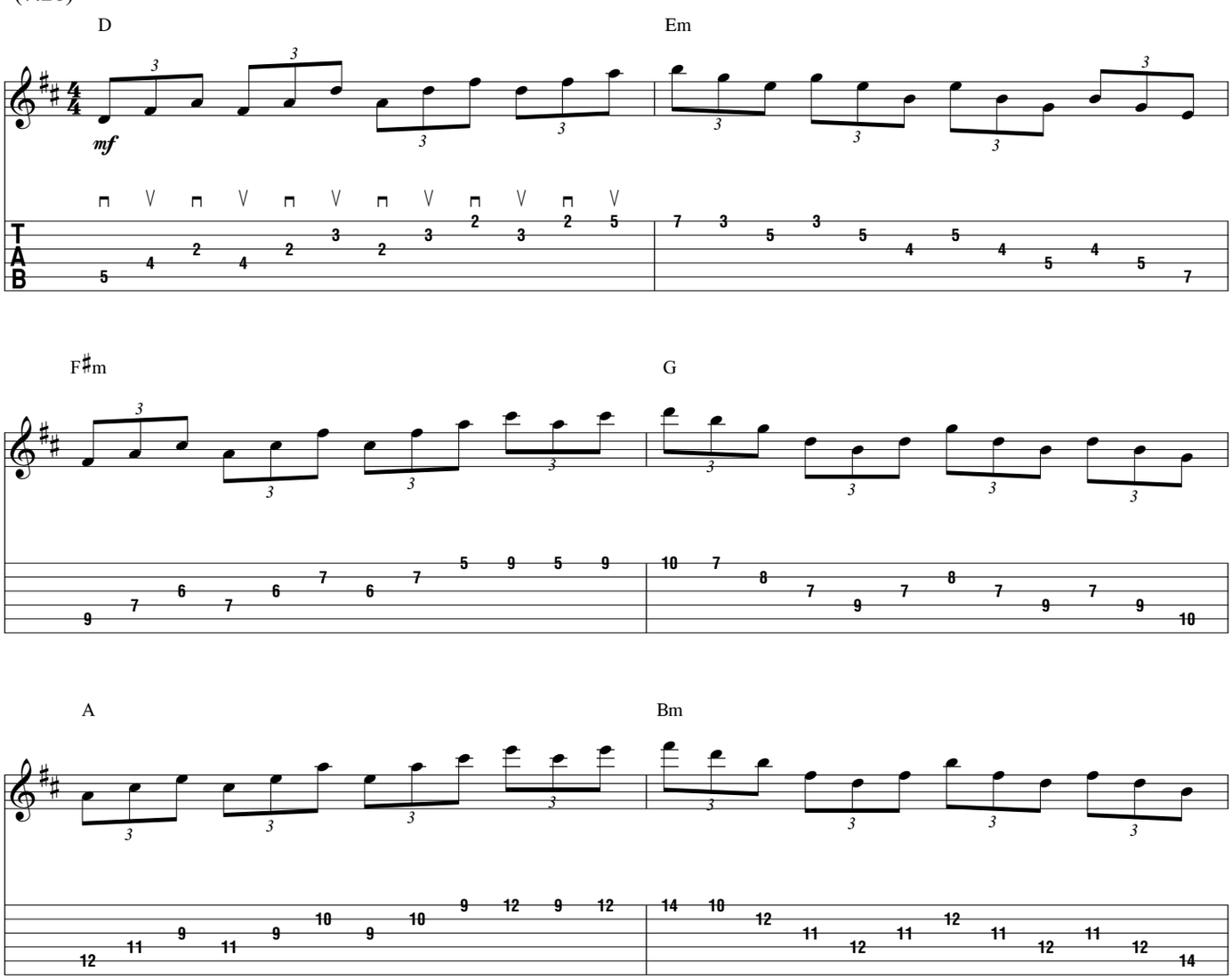


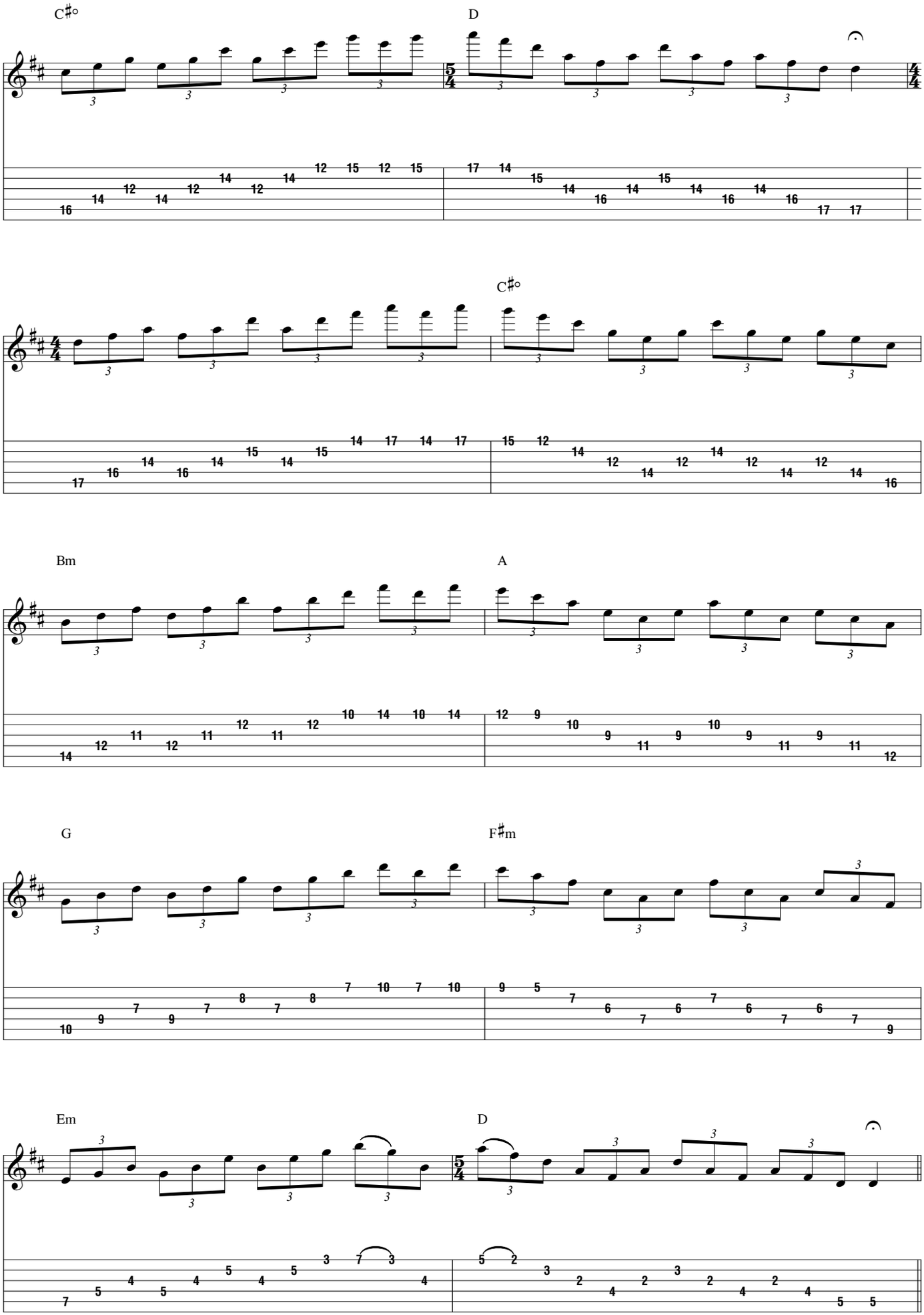
Bm



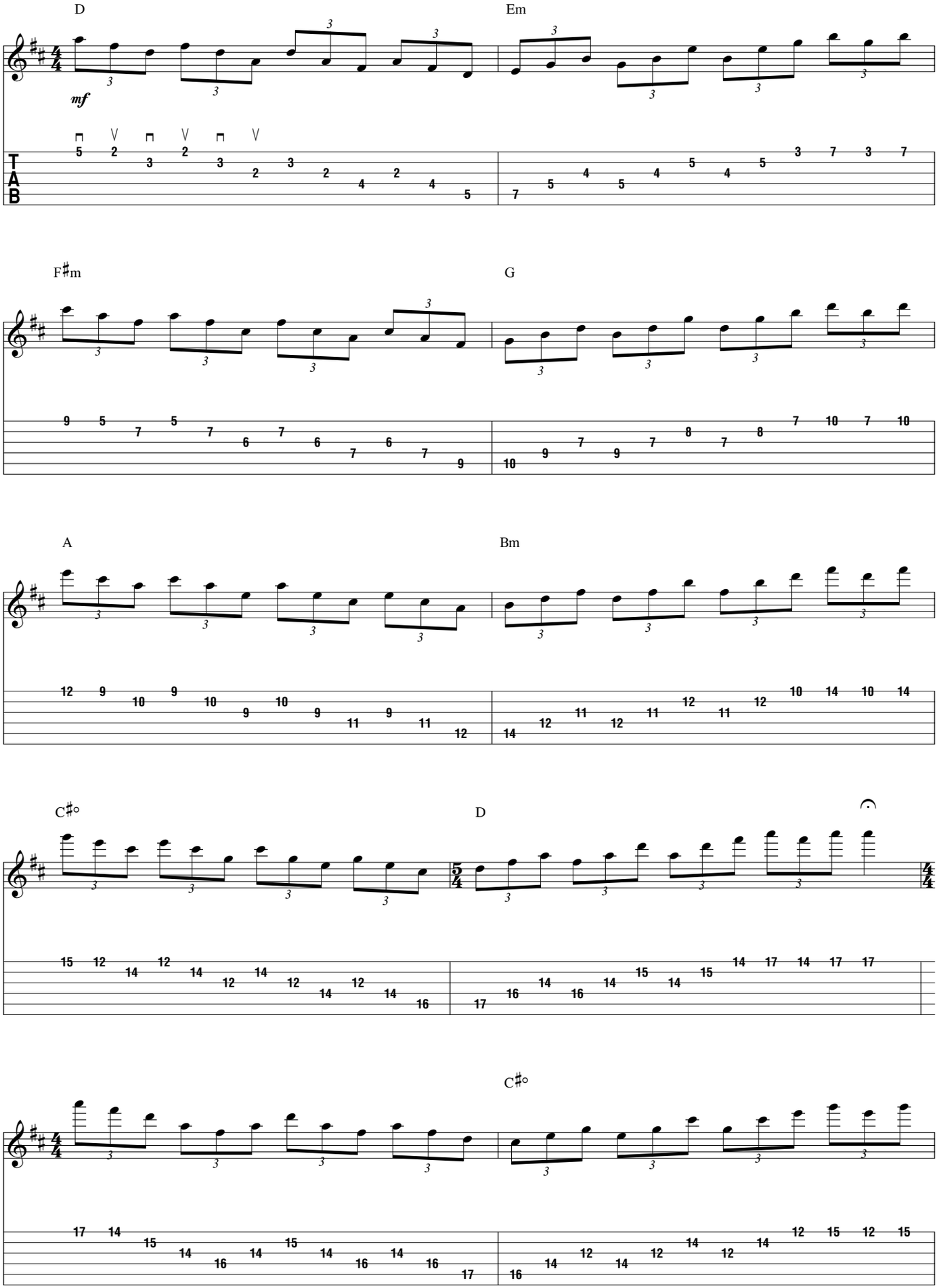


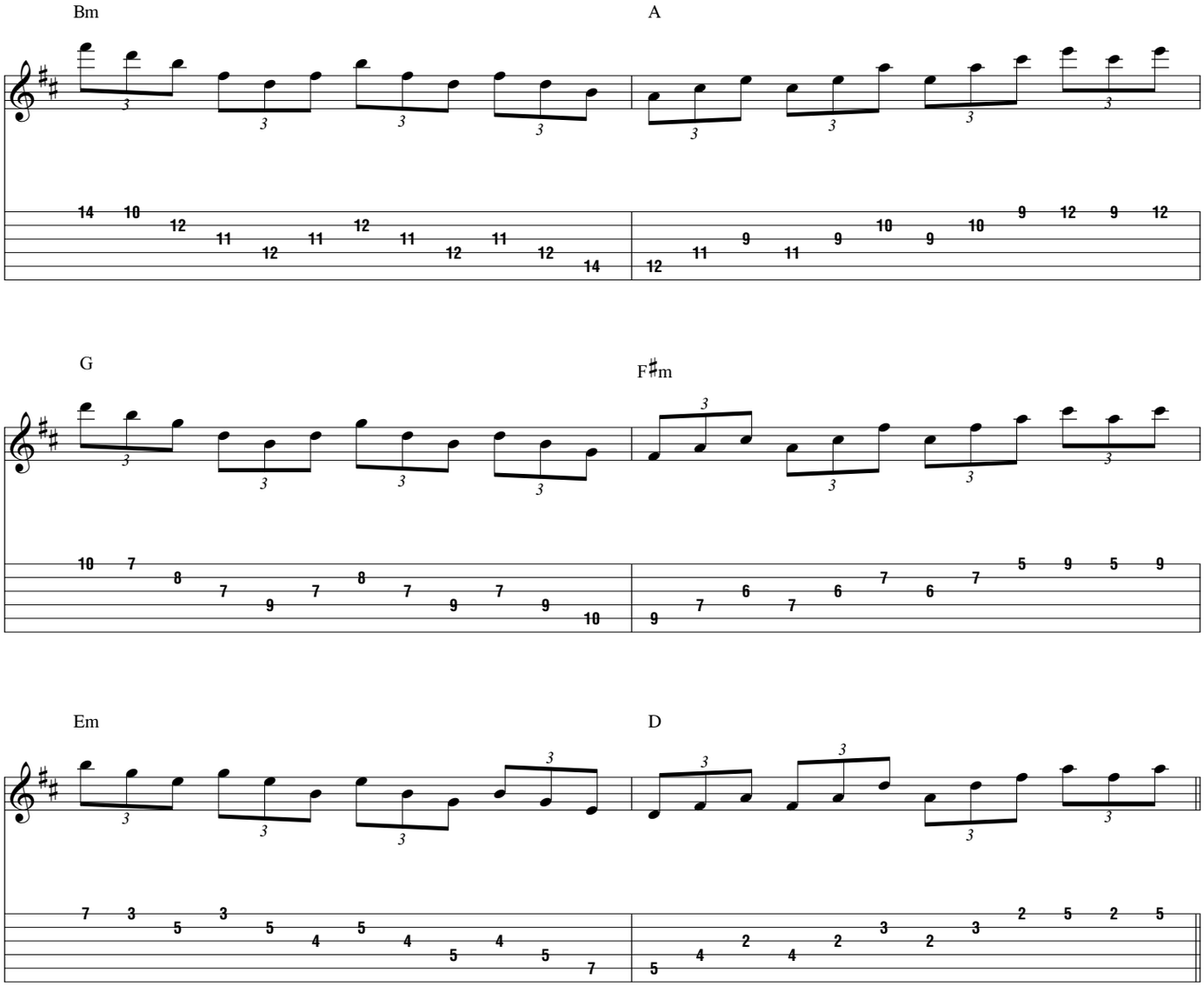
Example 31: Triplet sequence - D major diatonic arpeggios (ascending/descending)
(7:26)



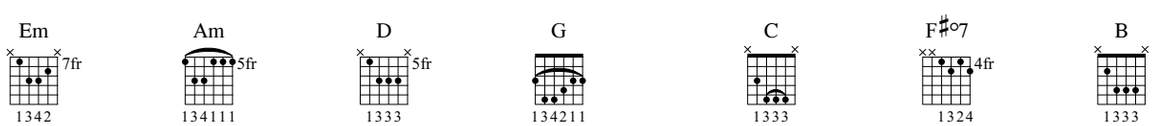

C♯°
D
C♯°
Bm
A
G
F♯m
Em
D

Example 32: Triplet sequence - D major diatonic arpeggios (descending/ascending)
(8:02)

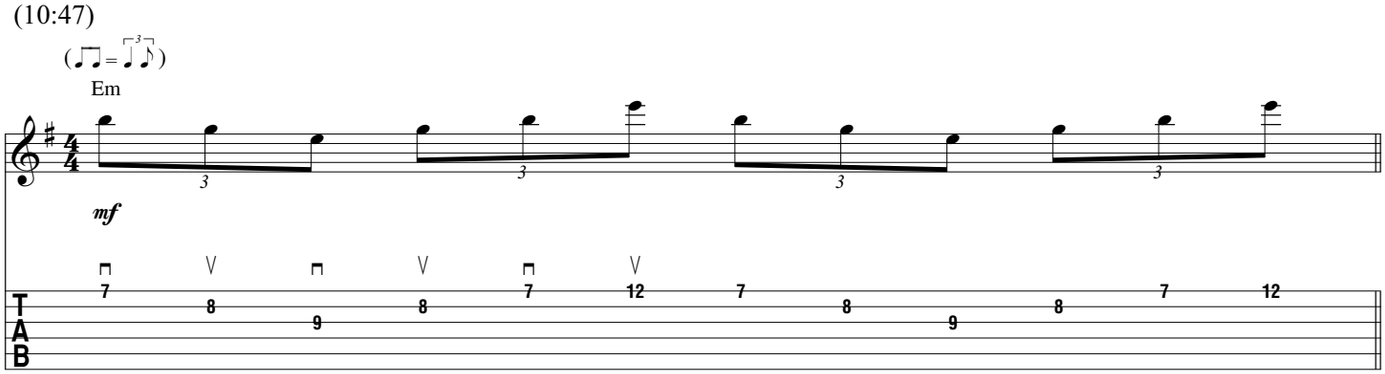




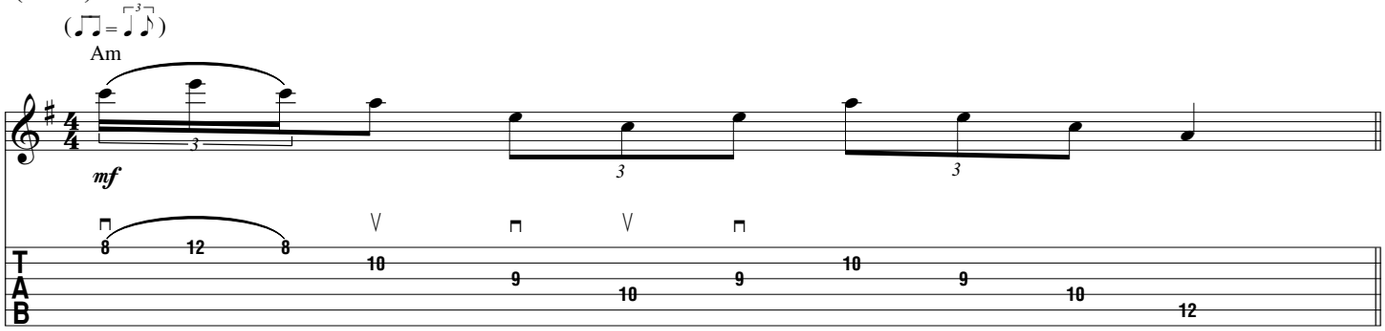
Example 33: "Hero without Honor" Chord progression
(9:46)



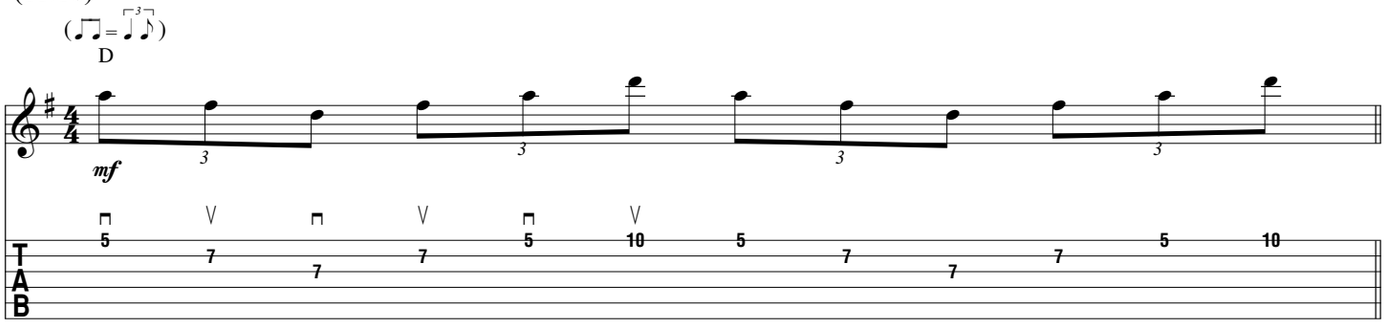
Example 34: Em arpeggio pattern
(10:47)



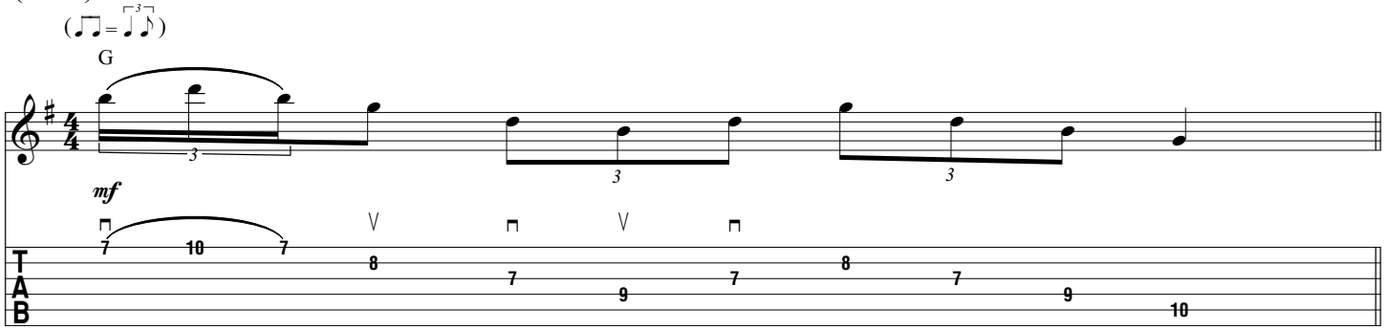
Example 35: Am arpeggio pattern
(11:03)



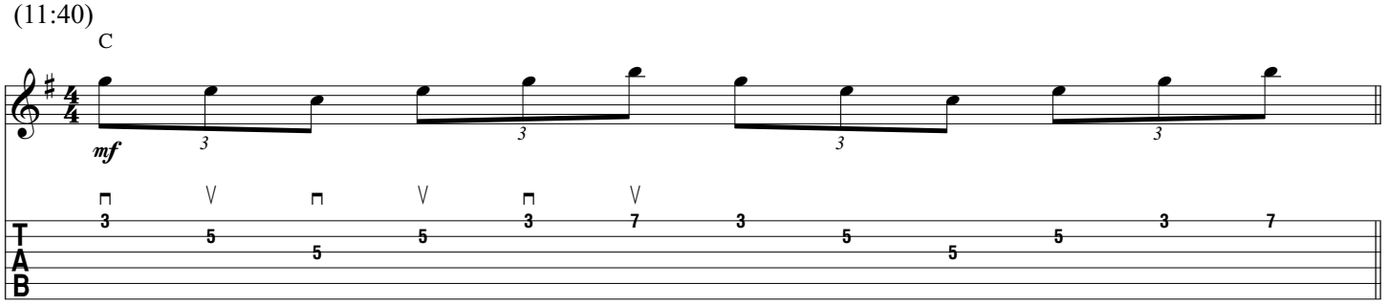
Example 36: D major arpeggio pattern
(11:16)



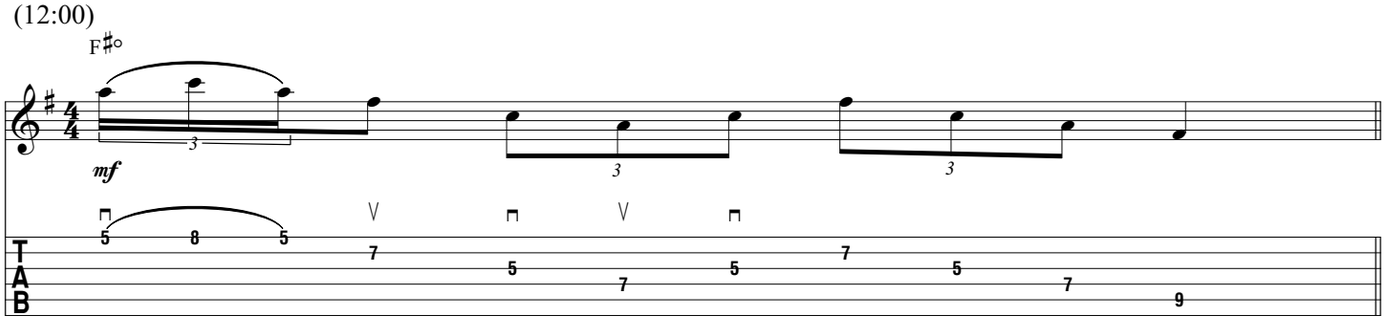
Example 37: G major arpeggio pattern
(11:28)



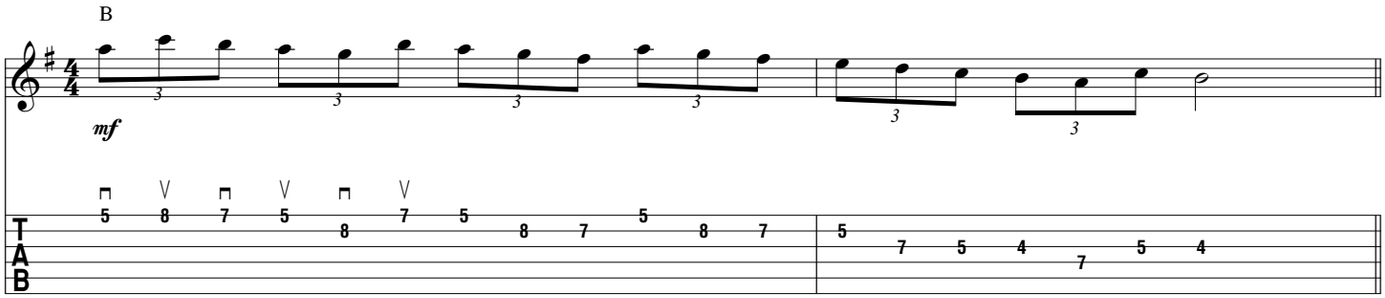
Example 38: C major arpeggio pattern
(11:40)



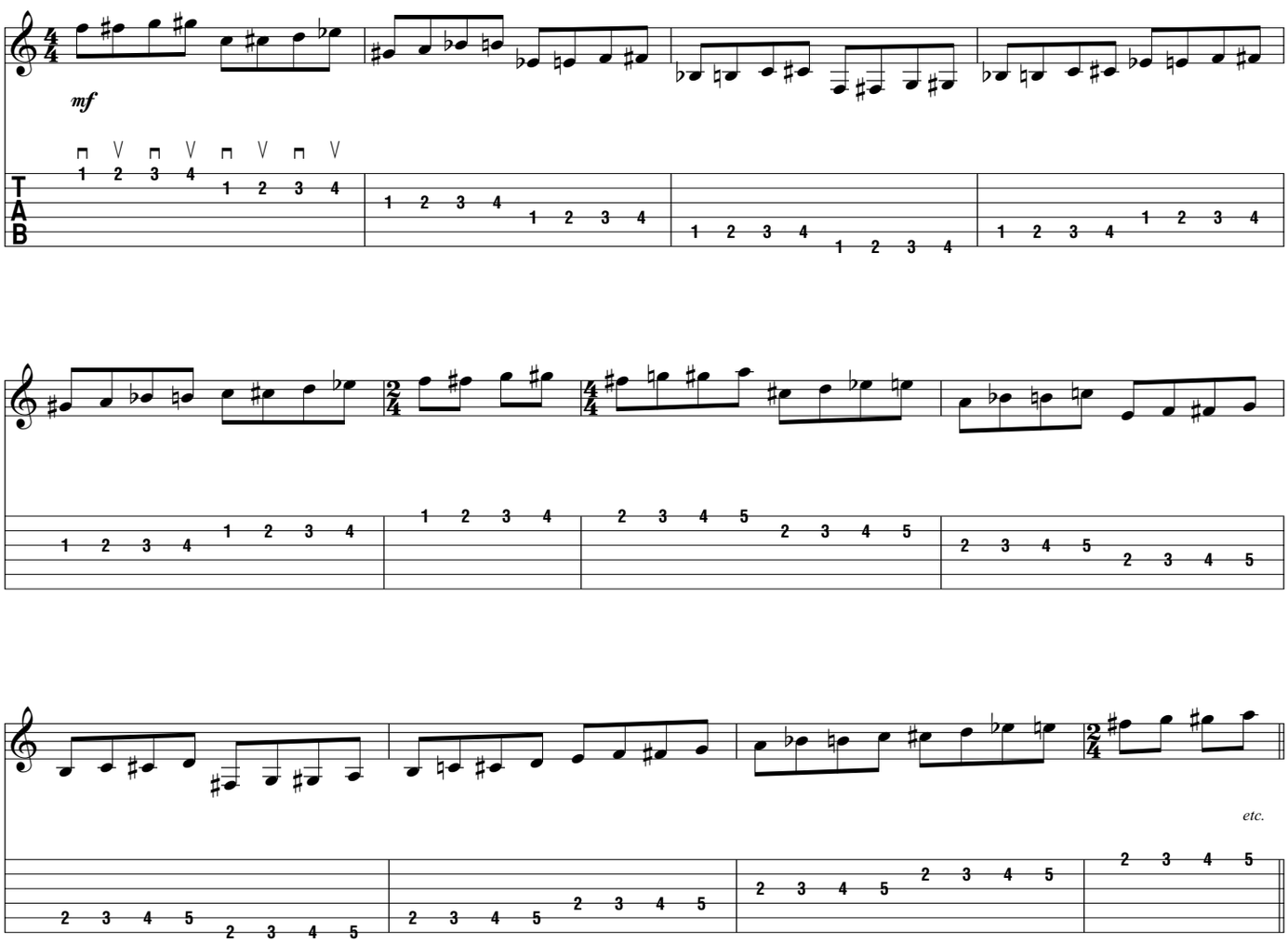
Example 39: F#° arpeggio pattern
(12:00)



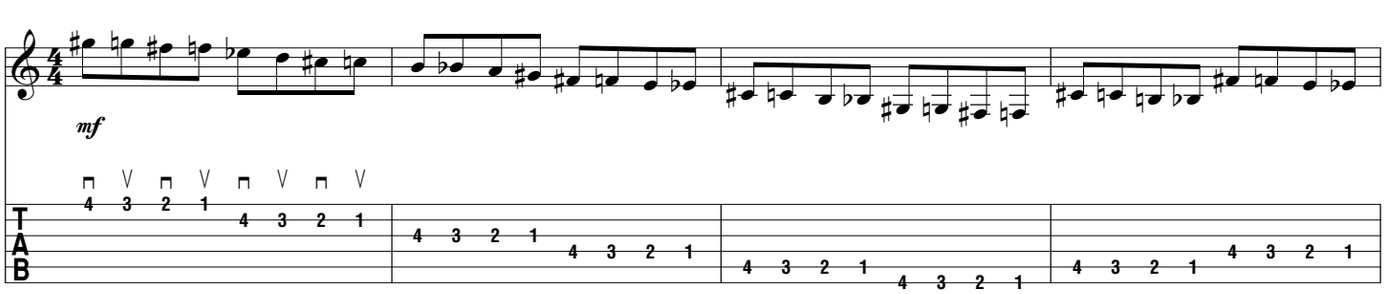
Example 40: B chord lick
(12:12)

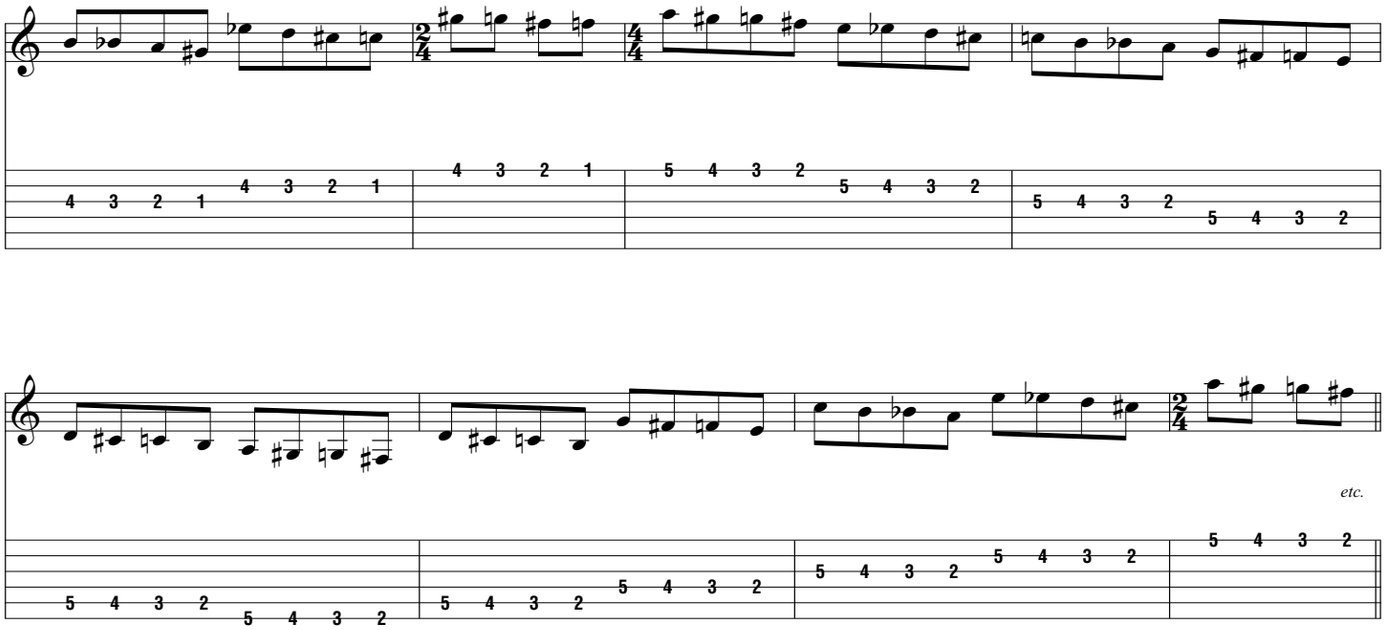


Example 41: 6-String Exercise 1
(2:57)

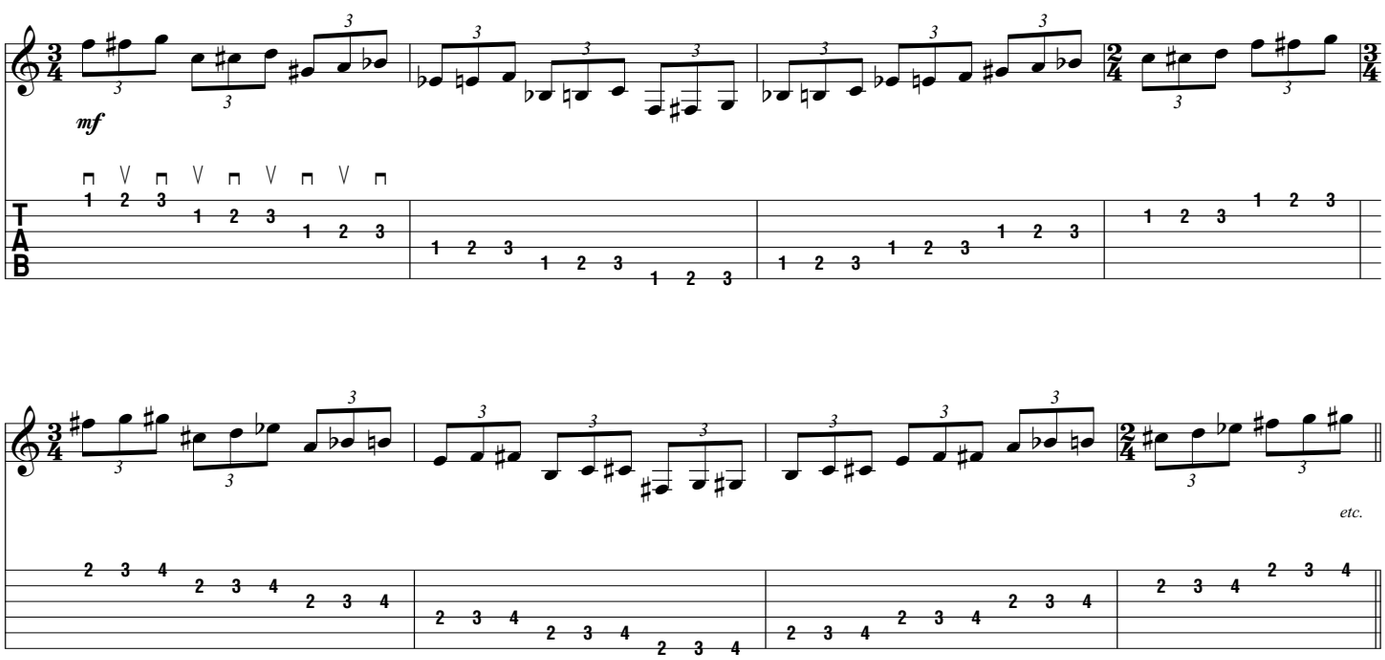


Example 42: 6-String Exercise 2
(4:59)

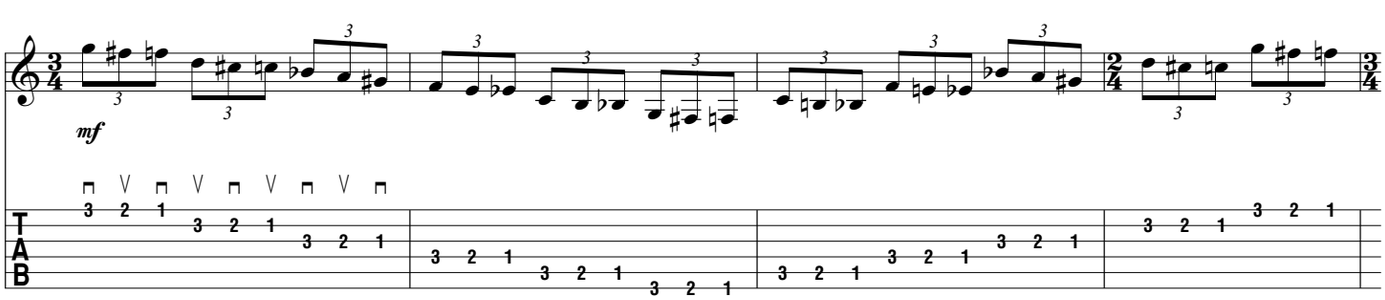


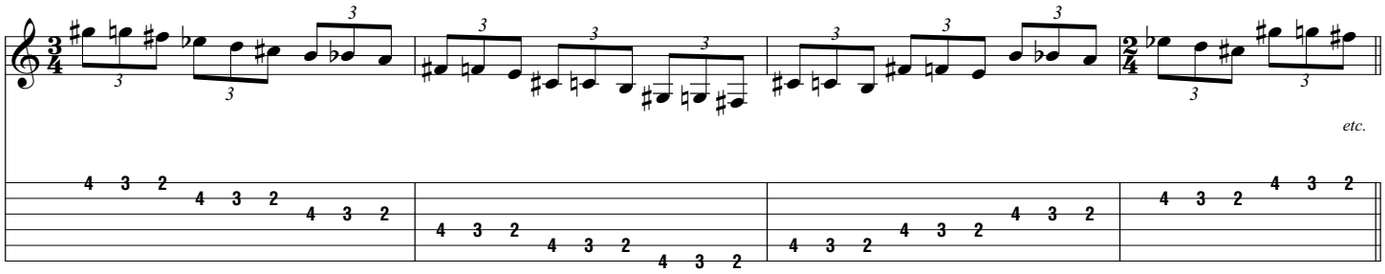


Example 43: 6-String Exercise 3
(6:00)

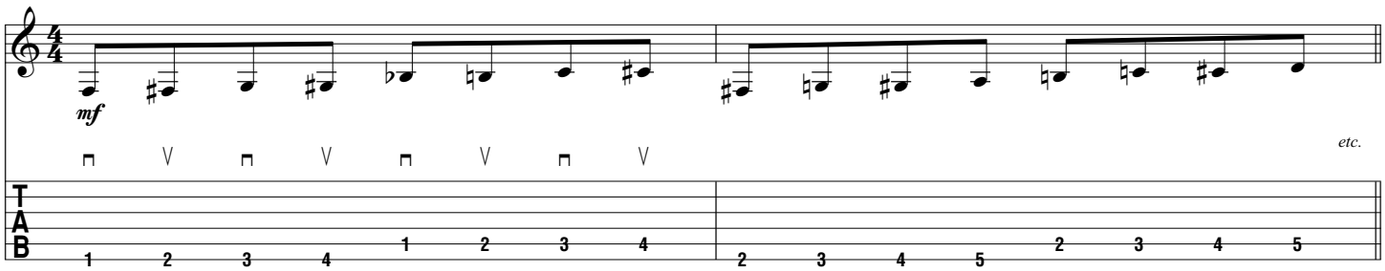


Example 44: 6-String Exercise 4
(6:35)

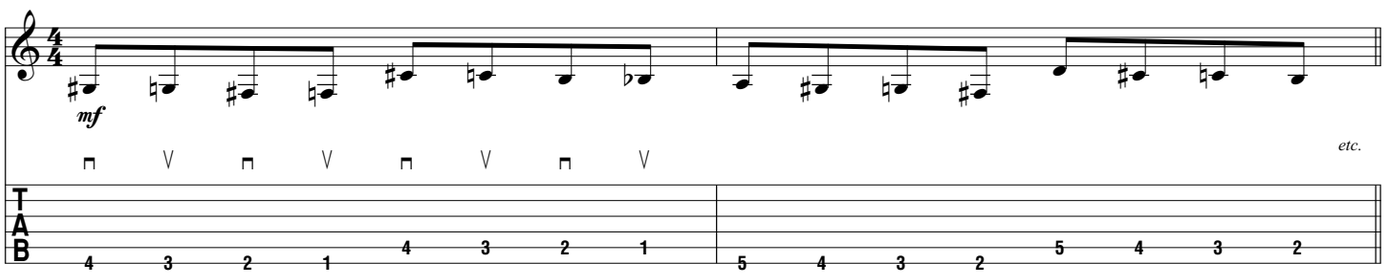




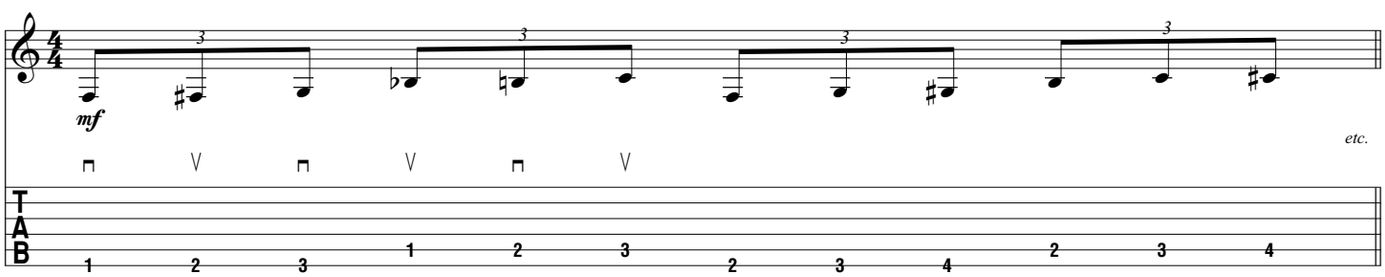
Example 45: 2-String Exercise 1
(8:33)



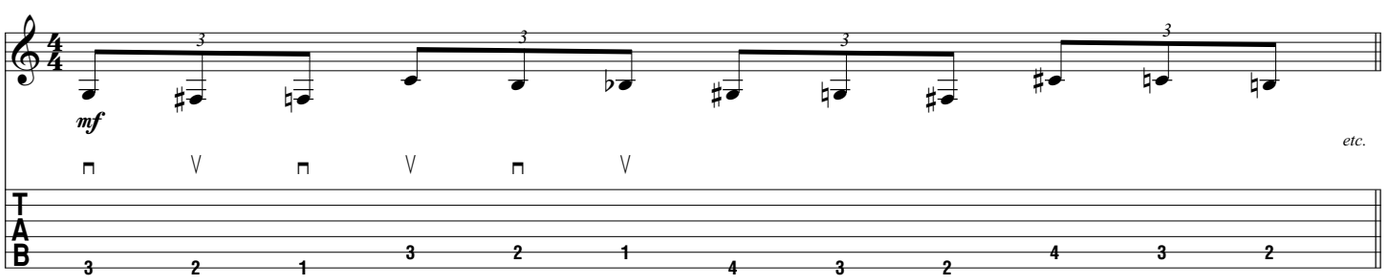
Example 46: 2-String Exercise 2
(9:38)



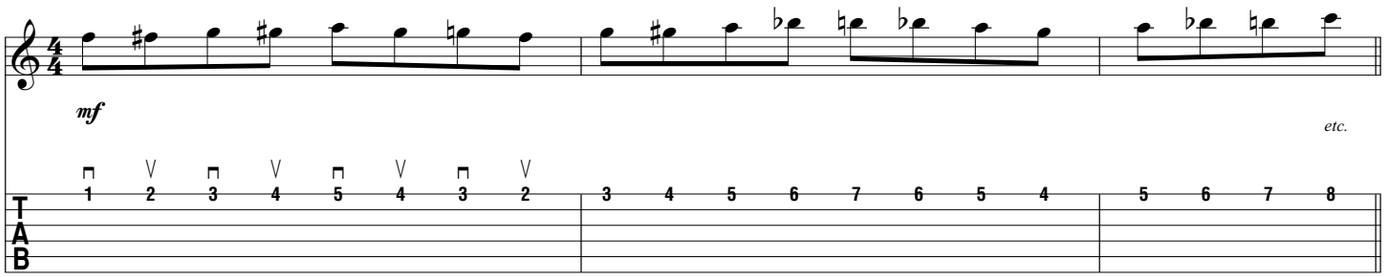
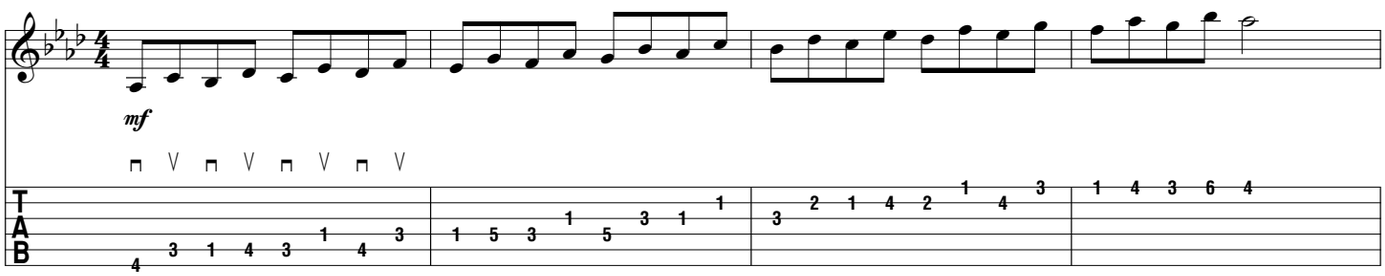
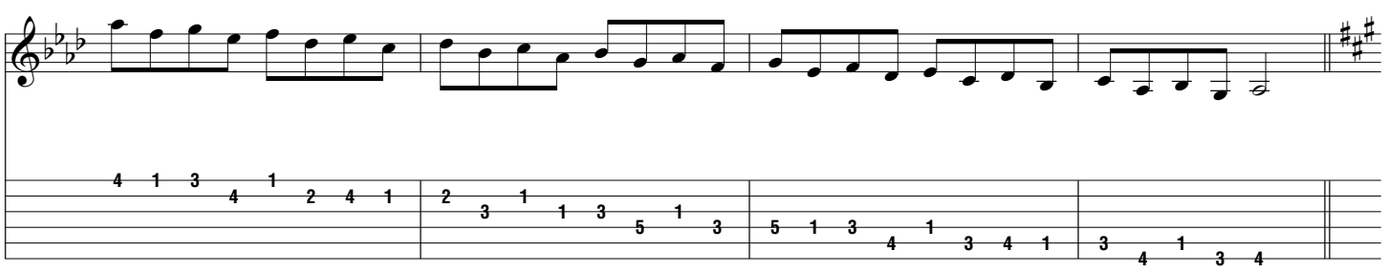
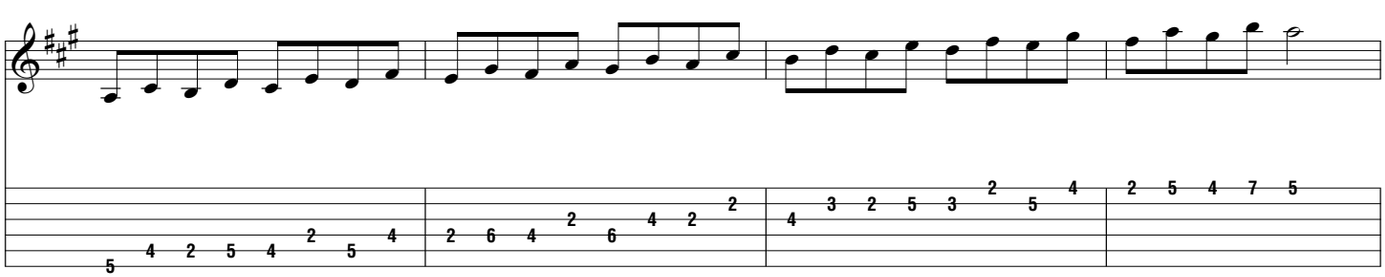
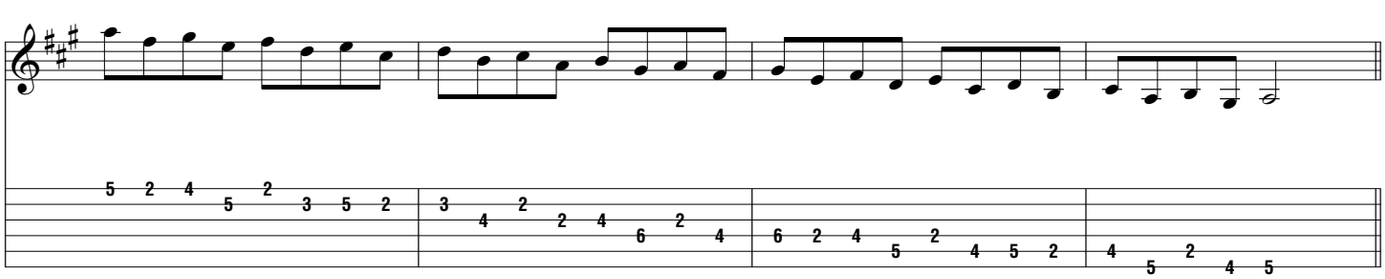
Example 47: 2-String Exercise 3
(9:57)



Example 48: 2-String Exercise 4
(10:16)



Example 49: 1-String Exercise 1
(11:18)



Example 50: 3rds Exercise
(12:03)